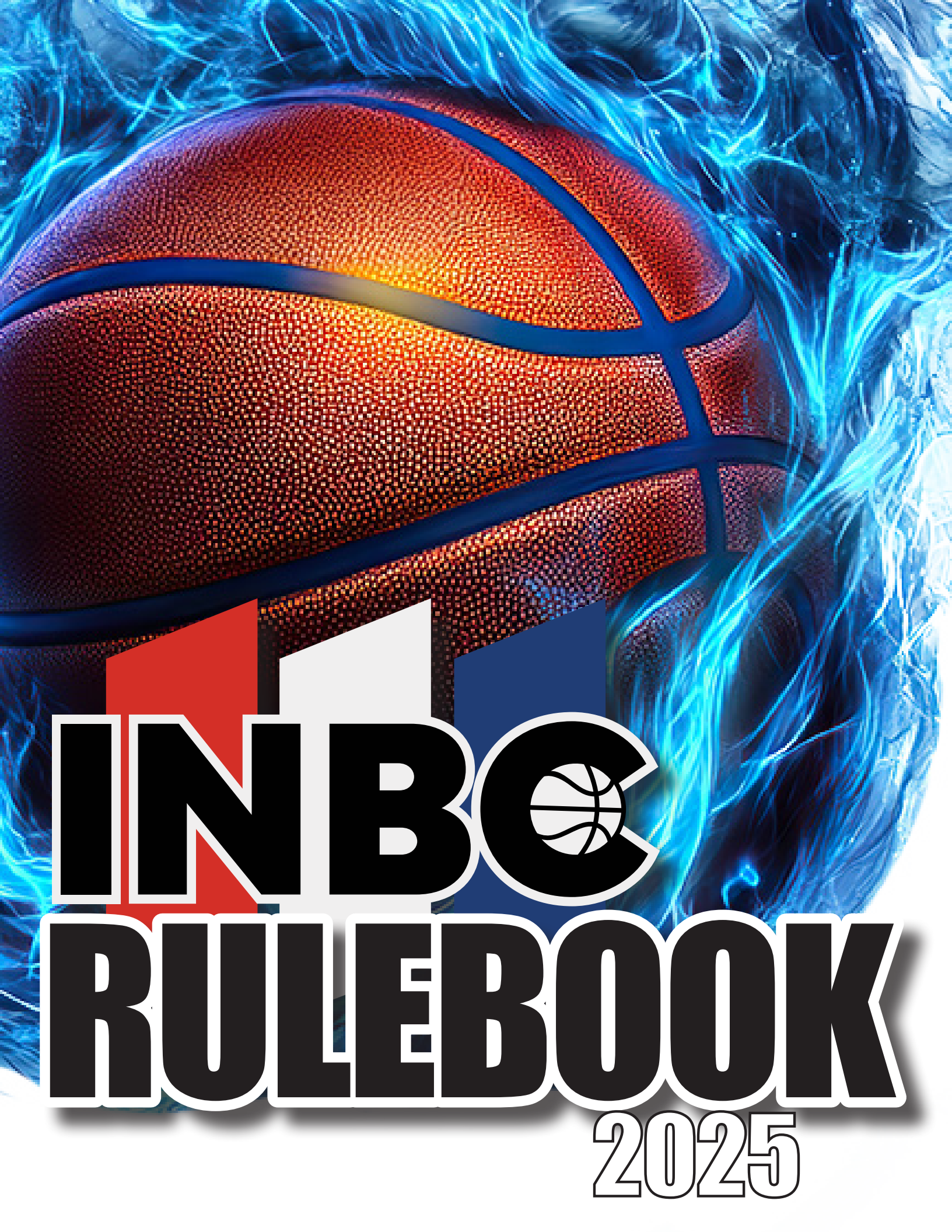




NBC

RULEBOOK

2025

OKLAHOMA STATUTE REGARDING HARM TO OFFICIALS

Oklahoma Stat. Ann. Tit. 21, Section 650.1 provides:

Every person who, without justifiable or excusable cause and with intent to do bodily harm, commits any assault, battery, assault and battery upon the person of a referee, umpire, timekeeper, coach, official or any person having authority in connection with any amateur or professional athletic contest is guilty of a misdemeanor and is punishable by imprisonment in the county jail not exceeding one (1) year or by a fine not exceeding one thousand dollars (\$1,000) or both such fine and imprisonment.

***“The single most important ingredient of coaching is relationships.
It’s not about the plays you draw up - it’s about the players you develop.”***

- Mike Krzyzewski

2025-2026 RULEBOOK
Indian Nations Basketball Conference

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ARTICLE I – PURPOSE AND ORGANIZATION

The name of this organization shall be Indian Nations Basketball Conference (INBC), a subsidiary of Indian Nations Youth Sports (INYS). The purpose of this Conference shall be to govern, coordinate and enforce the INBC bylaws for all organizational events among the participating organizations.

ARTICLE II - CONFERENCE MEMBERSHIP

SECTION 1 - MEMBERS

Membership in this Conference shall consist of the following organizations:

Bartlesville YMCA	Berryhill Youth Basketball
Bixby Youth Basketball	Bristow Youth Basketball
Broken Arrow Amateur Basketball Assoc	Caney Valley Athletic Assoc.
Cascia Hall	Catoosa Youth Basketball Assoc.
Collinsville Youth Basketball	Coweta Youth Basketball
Future Owasso Rams	Glenpool Little Warrior Basketball
Holland Hall	Jenks Trojan Hoops
Kiefer Youth Sports Inc.	Liberty Youth Sports Assoc
Lincoln Christian	Mannford Pirates Youth Sports
Metro Christian	Monte Cassino
Next Level Up Yellowjackets	Northeast OK Assoc of Homeschoolers
Oologah Youth Basketball	Regent Preparatory
Rejoice Christian School	Sand Springs Youth Sports
Sapulpa INBC Youth Basketball	Skiatook Youth Basketball
Union Nation	Verdigris Youth Basketball Club
Victory Christian School	Youth Basketball of Claremore

SECTION 2 – ATTORNEY FEES & ARBITRATION

If Indian Nations Youth Sports prevails in any litigation or arbitration brought arising from any dispute, then INYS shall be entitled to recover all costs, expenses and attorney's fees associated therewith. It is agreed that any matter in dispute between you and the Indian Nations Youth Sports organization and its subsidiaries shall be subject to arbitration as an alternative to court action pursuant to the rules of the American Arbitration Association, a copy of which is available on request from the company. Any decision reached by Arbitration shall be binding upon both you and the INBC. The Arbitration award may include attorney's fees if allowed by state law and may be entered as a judgment in any court of proper jurisdiction.

ARTICLE III - MEMBER REQUIREMENTS

SECTION 1 – MEMBER DUES

Annual dues of all members shall be determined annually by a majority vote of the membership. The annual dues shall be \$175.00 per team plus \$200.00 annual club fee. All annual member dues and team fees are due to the league no later than the first of December of the season. A \$10.00 per day late fee will be assessed on any member with a delinquent balance.

SECTION 2 – MEMBER TERRITORY

No new member shall be admitted into the INBC whose proposed recruiting territory includes or overlaps any portion of the recruiting territory of an existing INBC. All recruiting territory disputes/clarification issues between existing INBC members will be resolved by the INBC Commission. Each club shall submit an INBC Territory & Boundary Form prior to the season starting as set by the Commissioner.

A primary territory is the main school or school district that an organization actively recruits and is not shared with any other club. An alternate territory is defined as any additional school districts or individual schools (public or private) that are actively recruited outside of a primary territory. A shared territory is an area or school shared with another club by mutual agreement.

SECTION 3 – ANNUAL DOCUMENTATION

As a member of Indian Nations Basketball Conference, all current and prospective member organizations must detail and submit the following documents, in writing, annually to the Conference for review:

- The structure of their organization, including club by-laws and/or corporate governance.
- The officers of their organization with personal contact information for each member of their organization.
- The area(s) they wish protection of players via the INBC Territory & Boundary Form and/or drawn on a map.
- A Sportabase Club Contact Form.
- An INBC Organization Information Form prior to the season starting as set by the Commissioner.

SECTION 4 – NEW MEMBER APPROVAL

To become a member of Indian Nations Basketball Conference, the organization requesting to be admitted must receive a two-thirds vote of approval by current member organizations.

SECTION 5 – NEW MEMBER PROBATION

An organization after having been newly admitted to the INBC, shall be required to sign an INBC Member Contract and will automatically be placed on a two year probation. Probation begins the date the contract is signed by both parties. Each new Director voted into an organization shall be required to review and sign the existing Contract.

New Clubs are required to have a minimum of three teams to enter the Conference. Clubs may be admitted to the league by a two-thirds vote of the membership with less than three teams. Clubs who are granted membership with less than three teams must have a minimum of three teams by the end of their two-year probation or face automatic expulsion from the league. Clubs who do not maintain a minimum of at least three teams are subject to review and possible expulsion from the league.

SECTION 6 – MEMBER EXPULSION

Expulsion of a member organization during the probationary period shall require only a majority vote of the remaining member organizations. The expulsion of an organization not currently on probation shall require a two-thirds vote of the remaining member organizations.

SECTION 7 – MEMBER PARTICIPATION

INBC member organizations shall not have or operate other basketball programs that overlap grades they have in INBC. INBC member organizations shall not have, possess or maintain basketball teams which participate in ANY other conference or league.

SECTION 8 – LEAGUE REGISTRATIONS

All participants – players and coaches – of the INBC must register individually through the league management system, Sportabase, before being drafted and/or being allowed to participate in practices and/or games. Those found to be in violation are considered illegal participants and will immediately be removed and penalties and/or sanctions will be assessed to the organization and/or team.

Member clubs are required to leave registration open until October 10. Club registrations may remain open past this date.

Clubs shall submit a Declaration of Teams Form and Gym Availability Form by the calendar deadlines voted on by the membership. Clubs who fail to meet this deadline as set forth by the Commissioner shall be fined \$300.

SECTION 9 – TEAM ROSTERS

A roster for every team must be submitted to the conference by all membership organizations. Rosters must be in the official INFC form, complete with each coach on the team and their active NAYS Membership number. Roster must be typed and include each player's jersey number - numerically ordered, player's name and date of birth. Rosters must be submitted to the conference by November 21.

SECTION 10 – DEFINITION OF GOOD STANDING

INYS/INBC defines good standing as the following:

A person or organization in good standing is regarded as having complied with all their explicit obligations, while not being subject to any form of sanction, suspension or disciplinary censure and all balances are paid in full in a timely manner.

ARTICLE IV – INBC OFFICERS

SECTION 1 – COMMISSION

The Officers of the Indian Nations Basketball Conference shall be referred to as the "Commission" and shall be comprised of:

- INBC Director
- INYS Commissioner
- INBC Select Director
- INBC K-2nd Grade Director
- INBC Rec Director
- INBC Girls Rec Assistant Director
- INBC Boys Rec Assistant Director

Division directors will be elected by majority vote during the new league year meeting and will serve two years. No more than two officer positions can be filled by any member organization. All officers will be empowered to enforce all rules of the Indian Nations Basketball Conference. The INBC Director will be hired by the INYS organization. The INBC Commissioner will be appointed by the INYS organization.

SECTION 2 – COMMISSION OFFICERS

INBC Director: The INBC Director shall preside at all meetings, appoint subcommittees and administer and enforce all rules and activities of Indian Nations Basketball Conference. The Director will be empowered with all rights to make immediate rulings on questions of rule violations or questions raised from incidents not covered by INBC rules and regulations. Their ruling will stand until which time the Officers making up the

Commission can meet, during which the Commission can then overturn the Director or reinforce the Director's decision by a majority vote of the Commission.

Commissioner: The INYS Commissioner is a member of the INBC Commission and is empowered to enforce and uphold the rules of the Conference. The Commissioner will retain the deciding vote on any issues brought before the Commission.

Division Directors: Each Director will be empowered to enforce all rules of the INBC. Grade Directors will not be allowed to coach within the division in which they represent, unless deemed necessary by the Commissioner. They will monitor, represent and coordinate that division's basketball activities.

SECTION 3 – INBC COMMITTEES

1. Rulebook Committee:
 - a. Will review all proposed changes to the INBC Rulebook
 - b. Will present recommendations to the membership.
 - c. Ensure all rules are up to date with current NFHS standards and are applicable to age-appropriate players.
 - d. Review the rulebook before distribution to clubs to ensure it is up to date and correct.
2. Postseason Committee:
 - a. Present a postseason format to INBC membership for review and approval
 - b. Ensure that all postseason formats are fair and reasonable.
 - c. Assist in postseason planning - scheduling, facility management, sponsorships, etc.
3. Other Committees may be formed as needed at the discretion of the INBC Director, INBC Commission and Commission officers.

ARTICLE V - MEMBERSHIP MEETINGS

SECTION 1 - MEETINGS

Meetings shall be held at the request of the Commissioner or at the request of any four-member organizations within fourteen days of such request. These meetings shall be limited to the individual member organization's representative, coaches and/or member organization officers; however, each organization will be limited to three active participants during any meeting. The Commissioner can grant exceptions. Persons other than those listed above wishing to attend a Conference meeting and/or address the membership must first have approval of a Commission officer.

SECTION 2 – MEETING NOTICES

Each organization must be notified at least seventy-two hours in advance of any meeting and be given the purpose of the meeting. No Conference business can be conducted unless this condition is satisfied.

SECTION 3 - MEETING QUORUM

Members present and attending a Conference meeting that has been publicized to the INBC membership will constitute a quorum.

SECTION 4 – CONFERENCE VOTES

Each organization shall have one vote PER GRADE level registered with INBC on any issue requiring a membership vote. Members having that grade level can only vote on issues relative to a particular grade. The number of votes per grade will be determined by the “Declaration of Teams” from the previous year and will be valid for one year. New members will be limited to two votes until the declaration of teams meeting. Member organizations without team representation in a particular grade will not vote on issues that apply to that grade or gender. Member organizations that do not have a vested stake on issues may not vote on those issues.

SECTION 5 - RULE CHANGES

Bylaw and rule changes may be amended, adopted, or repealed at any regular meeting by a majority vote of the membership.

SECTION 6 – PROXY VOTES

Proxy votes will not be accepted at meetings. Members must be present to vote on conference matters as referenced in Article V; Section 3.

ARTICLE VI - COACHING REQUIREMENTS

SECTION 1 - COACH RESPONSIBILITIES

All coaches within the INBC, head coaches and assistants, must register in the league management system (Sportabase.com) to ensure accurate contact information is complete and all waivers are signed. All coaches must be registered in Sportabase before being allowed to participate in practices or games. Coaches who are found to not be registered in Sportabase will face a two game suspension, all games will be forfeited up to that point and the club will be fined \$100 for each coach not registered.

Each head coach and all members of a team's coaching staff will be NAYS certified in basketball and will show proof if requested. NAYS information will be included in the Sportabase registration and will be verified before issuance of the INBC Coaches Pass. The Coaches Pass must be worn at all times and be visible to gym officials. If a coach does not have a Coaches Pass they will be required to pay game day admission and show proof of NAYS certification to the score table and game officials in order to be allowed on the bench. A digital confirmation of NAYS certification will be accepted.

A certified coach must be on the bench at all times. If no certified coach is present or a coach is ejected without a certified assistant coach, the game will be forfeited.

Club directors will confirm all coaches are registered in Sportabase with a valid NAYS credential in order to be issued a Coaches Pass. Head Coaches must be a minimum of 18 years of age. Assistant coaches must be a minimum of 16 years of age.

The Head Coach is solely responsible for the conduct of the bench and their fans. The coach and officials will follow the process outlined below:

1. First Incident:

- a. The official will issue a verbal warning to the Head Coach.
- b. The Head Coach must address the bench and/or fans.
- c. If the assistant coach, player, or fan is not responsive, the Head Coach must notify the gym administrator to have the individual(s) addressed or removed.
- d. If a fan is removed, an attempt must be made to obtain the in name of the individual(s).

2. Second Incident:

- a. A technical foul will be issued to the Head Coach for the behavior of the coach, player, and/or fan.
- b. Upon receiving a first technical foul, all coaches on the bench must remain seated for the remainder of the contest.
- c. If an ejected spectator refuses to provide their name to the administrator or provides false information, the Head Coach will serve a minimum two-game suspension.

3. Third Incident:

- a. A second technical foul will be issued to the Head Coach, resulting in ejection.
- b. If the second technical foul results from an assistant coach's behavior, both the offending coach and the Head Coach will be ejected.
- c. Only the offending coach will serve the subsequent suspension.
- d. If no coach remains on the bench for the offending team, the game will be called.

4. Fourth Incident:

The game will be called, and the offending team will forfeit.

Coaches and/or spectators that are ejected will be required to complete an online anger management or diversity course (assigned by the Commissioner) before being allowed to attend another game.

SECTION 2 - EXCEPTIONS

The exception to NAYS certification requirement would be School Certified Coaches (OSSAA).

SECTION 3 – COACHES MEETINGS

One coach from each team must attend a mandatory coaches meeting. Failure to comply will result in a \$200 team fine. All games will be forfeited until said fine is paid to INBC. Persons caught attempting to falsify attendance for a coach will be suspended.

ARTICLE VII - EQUIPMENT

SECTION 1 - BASKETBALL SIZE

27.5 inch	Kindergarten - 2nd Grade Girls & Boys 3rd Grade Girls Select & Rec 3rd Grade Boys Rec only
28.5 inch	3rd Grade Boys Select only 4th - 5th Grade Boys 4th - 7th Grade Girls
29.5 inch	6th - 12th Grade Boys

SECTION 2 - GOAL HEIGHT

8.5 feet	Kindergarten - 2nd Grade
10 feet	3rd - 12th Grade

SECTION 3 – UNIFORM

Players must wear reversible jerseys or have home and away jerseys available.

Team jersey color and design shall adhere to the following:

1. The torso of the team jersey shall be the same single solid color for all team members.

2. Home teams shall wear white jerseys. Away teams will wear dark jerseys.
3. Team jerseys shall include numbers on both the front and the back and shall be 4 to 8 inches high.
4. Numbers shall be of a solid contrasting color and be clearly visible.
5. Jersey numbers must follow high school regulations, single or double digit composed only of numerals 0-5.
6. No two team members with the same jersey number can participate in the game at the same time. Violations will result in the involved players being declared illegal participants and may result in forfeiture by the offending team.
7. Coaches involved in acts of deception will face suspension by the Commission.
8. Any player who does not have the proper uniform on may not participate in any INBC game. An exception to this rule can be made in the event of damage to a numbered jersey that renders the jersey unsafe for play, provided that the game officials and the opposing head coach are notified of such.

ARTICLE VIII - RULE VIOLATIONS

SECTION 1 - PENALTIES

Violations of league rules will be acted on and penalties assessed by the Commissioner and reviewed by the Commission, which at that time can, by majority vote, overrule or reinforce the Commissioner and their actions.

The penalty or penalties assessed against an organization, coach, parent or player can be one or more of the following:

- Fine
- Forfeiture of game or games
- Suspension of coaches or individuals within an organization
- Probation
- Any action deemed appropriate by majority vote of the Commission. Including but not limited to the permanent removal from the INBC.

SECTION 2 – FINES

Fines assessed to players, parents, coaches, teams and/or organizations resulting from activities at INBC events shall be payable to Indian Nations Basketball Conference. Distributions, if any, of such payments deemed payable shall be paid from the INBC to the obligated organizations.

SECTION 3 – SPORTSMANSHIP

Unsportsmanlike conduct by coaches, players and/or spectators degrades the experience of youth players while eroding the integrity and appeal of the sport. Therefore, assaults, verbal abuse or display of poor sportsmanship by a coach, parent, participant, club official or guest at an INBC game will not be tolerated. Punishment will be set forth by the Commissioner following the guidelines in Article VI; Section 1.

Players, coaches, officials and spectators should always exhibit the highest level of sportsmanship. Indian Nations expects officials to enforce unsportsmanlike conduct rules without hesitation and further expects coaches to promote good sportsmanship among players and those associated with their team, including spectators. INYS supports officials in their efforts to maintain an environment of civility and sportsmanship.

Alcoholic beverages or legal or illegal drugs or the consumption of such or the use of tobacco products or E-Cigarettes will not be allowed by anyone at any INBC function. Penalties will be dealt accordingly.

SECTION 4 - EJECTIONS

Technical fouls may be assessed against a coach and/or player. Two technical fouls against an individual will result in an automatic ejection from the game and the gym.

Any coach and/or player ejected from an INBC game or scrimmage will be automatically suspended from the next INBC scheduled game. Suspended coaches and/or players will be allowed to attend team practices. Suspended players are required to attend the suspension game with their team but are not to dress out. Suspended coaches will not be allowed to attend the suspension game even as a spectator in the stands. Any coach and/or player ejected from two INBC games will be reviewed by the INBC officers for further penalties or possible season suspension.

The INBC Commission and/or Commissioner may, at their discretion, review the circumstances surrounding a coach and/or player's ejection and adjust the INBC penalties accordingly.

SECTION 5 – INCIDENT REPORTS

Clubs shall submit an incident/ejection for their home club games to the INBC Director within 48 hours of incident. A club MUST submit an incident report immediately to the Commission office involving team violations of the participation rule or any other violation of the INBC By-laws or be subject to a club fine. All incident reports and/or protests should be submitted no later than 12:00 p.m. the Monday following the scheduled game in which the incident/protest occurred.

ARTICLE IX – PROTESTS

SECTION 1 - GAMES

To protest an action or game to the Commission, a coach or person(s) involved must first submit their protest through their home club. Direct protests from individual coaches or teams will not be accepted by the Commission.

Within forty-eight (48) hours of the incident — or no later than 12:00 p.m. the Monday immediately following the scheduled game — the following steps must be completed:

- The coach or individual(s) must submit a detailed written statement describing the incident in protest to their home club's INBC representative.
- A \$100.00 protest fee must be submitted to the home club at the time of the protest.
- Any relevant supporting documentation — including photos, videos, and/or witness statements — must also be provided to the home club director
- The home club director is solely responsible for submitting the complete protest packet (written statement, evidence, and fee) to the INBC on behalf of the team.

Failure to follow the above procedure will result in the forfeiture of the protest fee and the invalidation of the protest. Protests submitted directly to the INBC by a coach or team will not be reviewed or considered.

Only possible rule violations may be protested (i.e. participation issues, player eligibility, etc). Judgment calls on the part of officials are not subject to protest.

Upon receiving a protest from a member club, the Commissioner and/or Commission will review the written statement and supporting materials to determine the ruling.

If the protest is upheld, the protesting organization will be invoiced, on behalf of the team or individual found in violation, for the full current protest fee (\$100), and the team or individual found in violation will be assessed any additional disciplinary action deemed necessary.

If the protest is denied, the protest fee will not be refunded and will be allocated to the INYS Scholarship Fund.

No individual or team under protest and assessed a fine may participate in further contests until such fine is paid in full.

SECTION 2 – PROTESTING THE COMMISSION

To protest a ruling or action of the Commission, the member organization (not an individual coach or team) must do the following within seventy-two hours of receiving notification of the ruling:

- Submit a written statement outlining all relevant information regarding the ruling and the grounds for protest
- Attach a protest fee, in the form of a check in the amount of \$400.00 and submit it to the INYS office.

The Commissioner will then convene a Protest Committee, composed of one representative from each member organization, within fourteen days. Only parties with relevant testimony shall attend. A minimum of eight member clubs must be present to constitute a quorum.

The committee's decision will be determined by a majority vote of those present, with the protesting organization abstaining. If the committee rules in favor of the Commission, the protest fee will be forfeited. The committee may, upon review, amend penalties previously issued by the Commission.

ARTICLE X – LEAGUES

SECTION 1 – RECREATIONAL LEAGUE

The Recreational League will consist of boys and girls teams starting at Kindergarten and going through 12th grade. Individual sign-ups will be taken from each member organization's declared area. Each team will be drafted in accordance with INBC draft rules. If a child makes a school team, they may not play in the rec league.

Each team can practice a maximum of three hours per week. If found to be in excess of these guidelines, the coach is subject to a one-week suspension for the first offense.

The INBC reserves the right to review all rec teams at the end of the season and determine their eligibility for the Select league for the following season. A team shall automatically move up to the Select League after the second consecutive Recreational League championship.

SECTION 2 – SELECT LEAGUE

The Select League will consist of boys and girls teams starting at 3rd grade and going through 7th grade. Team or individual sign-ups will be taken with no boundary limitations. Team fees will be a minimum of \$750 set by the conference membership which can be assessed as an individual team fee or as total of individual player registration fees.

If a select grade boys or girls does not make (minimum of four teams) the select team(s) in this grade will be given the option of moving up a grade to either Rec or Select. The teams(s) will NOT be allowed to stay in their grade in Rec.

ARTICLE XI – TEAM FORMATION

SECTION 1 – TEAM DECLARATIONS

At the beginning of each season, member programs must declare the total number of teams they will field per grade level per league. Teams may be formed in grade levels Kindergarten through 12th. Once the league determines the total number of teams at each grade level, divisions will be set.

Grades 8th-12th will be allowed to form their teams outside the draft and player protection process with the understanding that all registered players will be placed and teams may be required to take additional players as registration numbers dictate. Each organization is required to leave their registrations open until the dates voted on by the INBC membership.

Each organization must inform the league how many teams they will be declaring in each grade and league. Team Declarations are due to the league office no later than October 13, unless there is prior approval for an extension from the Commissioner. All players must be registered in Sportabase. Clubs who are found to have players not registered in the league management system, Sportabase, will be subject to a \$100 fine for each player not registered.

Any team found to have an illegally rostered player will forfeit every game that the player has participated to that point, as well as any subsequent contests that the player participates in.

Coaches who are found to have an illegal player on their roster will be subject to a minimum two game suspension.

A typed team roster with player jersey numbers in numerical order must be submitted to the INYS Office by all membership associations. The roster will be the approved INBC roster form.

Further penalties may be assessed under Article VIII; Section 1

SECTION 2 – AGE/GRADE REQUIREMENTS

The INBC will be divided into two leagues: Recreation and Select. Teams in both Leagues will be divided by boys and girls teams by grade with the participation rule being age as of current year (2025). The Kindergarten age division may operate as co-ed for the purpose of forming teams:

To participate in the 12th grade, a player must be in the 12th grade and cannot be 19 years old prior to September 1.

To participate in the 11th grade, a player must be in the 11th grade and cannot be 18 years old prior to September 1.

To participate in the 10th grade, a player must be in the 10th grade and cannot be 17 years old prior to September 1.

To participate in the 9th grade, a player must be in the 9th grade and cannot be 16 years old prior to September 1.

To participate in the 8th grade; a player must be in the 8th grade and cannot be 15 years old prior to September 1.

To participate in the 7th grade, a player must be in the 7th grade and cannot be 14 years old prior to September 1.

To participate in the 6th grade, a player must be in the 6th grade and cannot be 13 years old prior to September 1.

To participate in the 5th grade, a player must be in the 5th grade and cannot be 12 years old prior to September 1.

To participate in the 4th grade, a player must be in the 4th grade and cannot be 11 years old prior to September 1.

To participate in the 3rd grade, a player must be in the 3rd grade and cannot be 10 years old prior to September 1.

To participate in the 2nd grade, a player must be in the 2nd grade and cannot be 9 years old prior to September 1.

To participate in the 1st grade, a player must be in Kindergarten or in the 1st grade and cannot be 8 years old prior to September 1.

To participate in Kindergarten, a player must be in Pre-K or Kindergarten and must be at least 4 years old prior to September 1 and cannot be 7 years old prior to September 1.

SECTION 3 – EXCEPTIONS

1. With approval of their organization, a player may play up one grade level only. A player will not be permitted to play up more than one grade level. A player shall not play down a grade level.
2. Academic Rule: If it is determined by the INBC Commission that a child was promoted to a higher grade by the school, then the child may be permitted to drop down to play for the grade level befitting their proper age. Proper documentation must be submitted to the INBC Commissioner.

SECTION 4 - PLAYER ELIGIBILITY

INBC Rec League players cannot play for any other conference or league team during the same season.

A new player will not be permitted to join an association within INBC or participate with a team after the first game. If a player moves in from an area outside INBC, the Commissioner may grant an exception, provided this request is made before the fourth regular season game. Any player that moves from one INBC association to another in season must provide all documentation reasonably requested by the INBC.

Players cannot play on a Rec team and on a Select team during the same season. Players may only be rostered on one team during the INBC season. Any player found to be in violation of this rule will be declared ineligible for the remainder of the INBC season to include postseason and coaches and club will be subject to penalties as outlined in Article VIII; Section 1.

Any player that played in the select league the previous season and wants to play in the rec league must be placed in the draft. A new team may protect a maximum of two (of their allowed four protects) players that played in the select league the previous season. Rec players must play for their club. If a player is not able to be served by their home club, the record of relocation must be on file with the INBC office. When these players reach a grade that is offered by their local INBC club, those players must return to the local club.

SECTION 5 – ROSTER SIZES (RECREATIONAL LEAGUE)

Teams competing within the INBC may not exceed any maximum roster size for their age/grade groupings. The maximum roster size for any team competing in the Recreational League is capped at ten players. At which point the total number of players within a single grade exceeds ten players or more, a second team in that grade will be established using approved drafting methods and procedures.

SECTION 6 – TEAM DRAFTS (RECREATIONAL LEAGUE)

Teams exceeding the maximum roster size are required to form additional teams by utilizing a drafting method approved by the Commission. The Commission will establish rules for drafting and will be empowered to make changes as necessary in order to maintain equality among teams up to, but not limited to, ordering a redrafting of teams.

1. In order to draft teams, member organizations must be in good standing per Article III; Section 8 with the INBC. Clubs will not be allowed to draft or declare teams until such time as all current bills and obligations have been paid and met.

2. Maximum roster size will be ten players for all grade levels. Teams exceeding the maximum are required to form an additional team or teams of equal ability utilizing a drafting method approved by the Commission.
3. No teams will carry eleven players for any reason. Maximum roster size will not exceed ten players for any reason. Clubs/teams found to be in violation will be subject to penalties under Article VIII: Section 1. Only in extreme circumstances and with prior approval from the Commissioner may a team have eleven players on a roster.
4. At any time, an organization has only one team in a grade and that team splits into two or more teams, all players will be in the draft pool except for up to four protected players.
5. If an organization has two or more teams in a grade and splits to three or more, existing teams will retain any returning players unless the player has requested to return to the draft. Returning to the draft places a player on the available player list, it does not guarantee placement on a team.
6. A Commission member or a league representative must be present during all drafts. No Commission member will supervise a draft involving that Commission member's home club.
7. After the draft any additional player(s) must be approved and will be assigned to a team by the Commissioner or a Commission Officer. Failure to comply will result in forfeitures due to illegal draft.
8. Member organizations may set forth more stringent team draft rules than those established under INBC by-laws, with prior approval of the Commissioner.
9. A coach will not be allowed to transfer to another team unless their child is drafted to another team or the Board of Directors of that association, of which they are affiliated, allows such a transfer through a majority vote. This transfer must be sent, in writing, to the INBC Commissioner for final approval.
10. A player who departs an organization but returns the following year must be placed in the draft. (See Article XI; Section 6)
11. A drafted player who quits a team after being drafted, will still be the property of said team, unless a request is made to be placed in the draft.
12. Any attempt to recruit players from another INBC team or persuade players to leave a team and enter the draft is not allowed. A coach or association member will not be allowed to recruit a player that attends school within another organization's recruiting territory.
13. In order to be a draft eligible player, the player must be registered in Sportabase and all fees must be paid to the membership organization for which the player is wishing to play for.

SECTION 7 – PLAYER PROTECTIONS

Upon origination (1st year) a team may recruit and protect four players from the draft. Each year thereafter, the team will be allowed to recruit and protect one new player.

Legally protected players are defined as the following:

- Participants new to the INBC.
- Players who have not participated within the INBC for the previous two years.
- Players who have played up from their school grade for a minimum of two years and are now falling back.
- A player who sits out one year due to injury or illness or decision not to play, will be allowed to return to their original team only if the coach of that team uses their protect.

SECTION 8 – DRAFT PROCEDURES

Each team shall begin the draft with all returning players and any protected players already assigned to that team's roster. The pick order for the draft will be randomly determined. The team with the fewest players shall make player selections first until its roster size is equal to that of the team with the next fewest players. Once two or more teams have equal roster sizes, those teams shall proceed to select players using the Ribbon (Snake) Draft format as described below. This process shall continue until all eligible players have been assigned to a team. The Club shall ensure that players are distributed as evenly as possible among all teams within each division or grade.

Ribbon (Snake) Draft Format

Odd-Numbered Rounds (e.g., Round 1, 3, 5, etc.): The team assigned the first draft position shall make the first selection, followed by teams in ascending numerical order. The team with the highest draft number shall make the final selection of the round.

Even-Numbered Rounds (e.g., Round 2, 4, 6, etc.): The selection order shall be reversed. The team with the highest draft number shall make the first selection, and the team with the first draft position shall make the final selection of the round.

Draft rounds shall continue in this alternating (ribbon/snake) order until all eligible players within the respective division or grade have been drafted.

The Commission may order a redrafting of teams within an organization if it is determined that an organization or coach intentionally performed an illegal procedure or performed an unethical act for the purpose of stacking a team or preventing multiple teams. If it is concluded that a redraft is necessary, the Commission will determine the manner as well as the time/date of the redraft. Action by the Commission will also be taken against the coach and/or their association.

Draft guidelines will be reviewed annually by the league and any recommended changes will be presented to the membership. All clubs must adhere to all league draft guidelines to remain a member in good standing.

SECTION 9 – PLAYER TRADES

If a Club will allow trades of players, trade guidelines must be declared to the league prior to the draft.

Before the draft is concluded and once all players have been drafted, coaches will be allowed to trade players but only those players that were selected during the draft.

Newly protected players are not tradable under any circumstance.

Any and all player trades made after the selection of players must be approved by the INBC Representative.

SECTION 10 – NO FLOAT RULE

Players may not play on more than one team during the INBC season. Players will not be permitted to “float” or “swing” from one team to another or across grade divisions or across leagues. Infractions of the no float rule will result in forfeiture of games or suspension of players and/or coaches at the Commission’s discretion.

ARTICLE XII – TRANSFERS, RELEASES AND WAIVERS

SECTION 1 – BOUNDARIES

A player must attend school or reside within the organization’s recruiting territory (boundary) as defined by the Commission. Unless granted a release by the organization and approved by the INBC, an organization retains the rights to any player who attends school or resides within its recruiting territory. A player requesting a transfer must provide any information reasonably requested by the INBC.

SECTION 2 – PLAYER TRANSFERS

A player requesting a transfer from one INBC organization to another must complete the INBC Player Release Packet and submit it to the receiving club. The receiving organization must then submit the release packet and all corresponding documentation to the conference. The INBC office will inform the releasing organization to allow for comments on the matter.

The Release Committee will review the request, documentation, and comments to determine approval or denial.

Notification of the decision will be given to the receiving club. If the request is denied, the applicant may appeal the decision within 48 hours of notification, along with an appeal fee of \$100. Appeal fees will be refunded only if the committee's decision is overturned and the release is granted.

Players granted transfers must be placed in the draft and may not be protected players. Players granted transfers after the draft will be assigned to a team by the league.

All Player Release Forms must be completed and submitted to the INBC office no later than the deadline established by INBC membership. Releases received after this date will be denied, and no further consideration will be given. Player Release Forms that are incomplete or lack supporting documentation will be automatically denied.

Authorized transfers are recognized for one season only and must be renewed on an annual basis. Players who do not reapply annually and thus denied a transfer will be deemed ineligible to play for the member club they previously participated with.

SECTION 3 – RESTRICTIONS

An organization having signed and accepted and been granted a player transfer shall retain player rights of that player. The player cannot be recruited by acts of persuasion by another member organization and/or its members.

Organizations that are considered a shared territory shall retain player rights to a player that resides in the shared territory in which the player participates their first season. Any exceptions must be sought through the transfer process.

ARTICLE XIII – PRACTICES

Dates and times of practices shall be determined annually by a majority vote.

Practices will be limited to one and one half hour maximum from the scheduled start time per practice. Practice starts at the time scheduled for arrival. Practices include warm up, team meetings or film study and must end within the time allotted for practice.

K-4th grade: Practices are limited to twice a week during the regular season. Teams may practice up to three times a week if no games are scheduled for that week.

5th-12th grade: Practices are limited to three times a week during the regular season. Teams may practice up to four times a week if no games are scheduled for that week.

ARTICLE XIV - BASKETBALL RULES AND PARTICIPATION

SECTION 1 – GENERAL RULES

The INBC Rulebook is a supplemental rulebook for league play. Any rule not specifically defined in the INBC Rulebook will default to applicable NFHS Rules for play.

National Federation of High School (NFHS) rules apply with some exceptions including:

1. A player will have 5 seconds to throw the ball in for play.
2. Players have 10 seconds to bring the ball past half court.
3. Offense will have only three seconds in the paint.
4. Two free throws will be awarded after the 5th team foul in a quarter.
5. Shooting free throws – players are set until the ball is released by the shooter.
6. Players foul out with 5 fouls.
7. Teams may start a game with no less than 4 players.
8. Home Clubs must supply a trained Clock Person and Score Keeper. The Scorebook is the official record of the game. Standardized INBC scorekeeping marking and guidelines must be used at all times.
9. A completed INBC roster typed with player jersey numbers in numerical order must be submitted to the score table prior to the start of the game. Should a team fail to submit a properly formatted roster prior to the start of game, the team will be assessed a technical foul. The opposing team will have two free throws and will retain possession of the ball to start the game.
10. The Head Coach is responsible for their bench and fans. (Article VI)
11. There shall be no more than three coaches on the bench during game play.
12. Only one coach shall stand at a time during game play.
13. All players are to check in at the score table before allowed to enter the game, NO substitutions from the bench.
14. Specific guidelines for substitutions in Kindergarten, 1st and 2nd grades. (See Article XV; Section 1)

SECTION 2 – MERCY RULE

The score will be frozen when the score reaches a 30-point differential and the clock will NOT stop except for injury or time out at the official's discretion.

No points will be awarded to either team once the point differential is reached.

The clock will run for the last minute of the game if one team has a 15 point or more lead.

ARTICLE XV – GAME FACTORS

SECTION 1 – GAME TIME: KINDERGARTEN, 1ST & 2ND GRADE

1. There will be four 8-minute running clock quarters. The clock will only stop for timeouts and free throws.
2. Teams are allotted two timeouts per half.
3. The clock will stop at precisely four minutes into each quarter and substitutions will be made. All players on the bench will be entered into the game. Coaches are to have the substitutions check in with the scorekeeper. Substitutions are to be at the table by 4:30.
4. No further substitutions except as injury necessitate. This is not a time out for consultation with the team. This is substitution only. Each player will play at least four minutes in each quarter. The clock will stop for substitutions. After 15 seconds, play will resume. Should a team delay the restart of the game, they will lose possession and/or receive a team technical foul (This type of technical foul would not count against the coach in the case of an ejection).
5. Defense shall be set up behind the 3-point line. Defense beginning prior to this will stop the game and the offensive team will take the ball out of bounds.
6. The offense shall have 10 seconds to cross half court and 5 seconds to cross the 3-point line. If the 3-point line is penetrated by the ball or the 5 second count is up the defense can pick-up to half court.
7. Five minutes should be allowed for halftime.
8. Overtime will be two minutes with one time out. The clock will stop during the last minute of overtime. If the game is still tied at the end of overtime the game will go to a Free Throw OT. Five players (which have not fouled out of the game) will be picked by each team's coach. Players will alternate shooting behind the free throw line. If the game is still tied after a set of free throws is completed, each coach will select one player for a final round. The visiting team will shoot a free throw first, with the home team shooting second. This will continue until one makes and one misses in the same round, determining a winner.
9. The free throw line shall be 10 feet from the plane of the face of the backboard.
10. No 3-point shots will be scored in this division. All shots (other than free throws) will be scored as 2 points.
11. Should a player arrive after the start of the 3rd quarter, the player will be ineligible for play.

SECTION 2 – GAME TIME: 3RD & 4TH GRADE REC

1. The game time will consist of four 8-minute running clock quarters. The clock will only stop for time outs and free throws. The clock will stop at the last minute of the 2nd and 4th quarters on every whistle.
2. Teams are allotted two timeouts per half.

3. Defense shall not begin prior to the half court line. Defense beginning prior to this will stop the game and the offensive team will take the ball out of bounds.
4. PRESS RULE – full court press is allowed in the last two minutes of each half until a team has a fifteen point or more lead.
5. Five minutes should be allowed for halftime.
6. Overtime will be two minutes with one time out. The clock will stop during the last minute of overtime. If the game is still tied at the end of overtime the game will go to a Free Throw OT. Five players (which have not fouled out of the game) will be picked by each team's coach. Players will alternate shooting behind the free throw line. If the game is still tied after a set of free throws is completed, each coach will select one player for a final round. The visiting team will shoot a free throw first, with the home team shooting second. This will continue until one makes and one misses in the same round, determining a winner.
7. Each player will play one full, uninterrupted quarter in each half.
8. The free throw line shall be 12-feet from the plane of the face of the backboard.
9. Should a player not arrive until after the start of the 2nd quarter, that player shall ONLY play, uninterrupted, in the 3rd quarter. Should a player arrive after the start of the 3rd quarter, the player is ineligible to participate in the game.

SECTION 3 – GAME TIME: 5TH THROUGH 12TH GRADE REC

1. The game time will consist of four 8-minute running clock quarters. The clock will only stop for time outs and free throws. The clock will stop at the last minute of the 2nd and 4th quarters on every whistle.
2. Teams are allotted two time outs per half.
3. PRESS RULE – full court press is allowed until a team has a fifteen point or more lead.
4. Five minutes should be allowed for halftime.
5. Overtime will be two minutes with one time out. The clock will stop during the last minute of overtime. If the game is still tied at the end of overtime the game will go to a Free Throw OT. Five players (which have not fouled out of the game) will be picked by each team's coach. Players will alternate shooting behind the free throw line. If the game is still tied after a set of free throws is completed, each coach will select one player for a final round. The visiting team will shoot a free throw first, with the home team shooting second. This will continue until one makes and one misses in the same round, determining a winner.
6. Each player will play one full uninterrupted quarter in the first half and must participate in the second half.
7. The free throw line shall be 15 feet from the front of the plane of the face of the backboard for 5th-7th grade.
8. Should a player not arrive until after the start of the 2nd quarter, that player shall ONLY play, uninterrupted, in the 3rd quarter. Should a player arrive after the start of the 3rd quarter, that player is ineligible to participate in this game.

SECTION 4 – PLAYER PARTICIPATION RULE

All players must meet the participation requirements as outlined in Article XV, Sections 1–3. If a violation occurs and a protest is upheld, the team in violation will forfeit the game, and the coach will be suspended for a minimum of one game for the first offense.

The official scorebook at the scorer's table is the official record of the game. If a protest is filed and the scorekeeper was not notified of a reason for a player substitution, a forfeit will be enforced if the protest is upheld. It is not the scorekeeper's responsibility to notify either team of a possible participation rule violation. The participation rule is also not the responsibility of the officials to enforce or monitor.

Any player with a known injury, health issue, absence, or disciplinary issue requiring removal from the game must be documented on the Official Roster and presented to the scorer's table and the opposing coach prior to the start of the game. Failure to do so, if followed by a protest, will result in a forfeit.

Injured Player: For a player to be removed from the court due to injury, there must be a stoppage of play by an official or a timeout called by a coach. If the player cannot immediately return to play, the coach must notify the scorer's table and ensure the injury is documented on both the roster and in the scorebook at that time. Failure to do so will result in a participation rule violation

SECTION 5 – SELECT LEAGUE

1. The game time will consist of four 8-minute running clock quarters. The clock will only stop for time outs and free throws. The clock will stop at the last minute of the 2nd and 4th quarters on every whistle.
2. Teams are allotted two timeouts per half.
3. Full court press is allowed.
4. Five minutes should be allowed for half time.
5. Overtime will be two minutes with one time out. The clock will stop during the last minute of overtime. If the game is still tied at the end of overtime the game will go to a Free Throw OT. Five players (which have not fouled out of the game) will be picked by each team's coach. Players will alternate shooting behind the free throw line. The team that makes the most free throws shall be declared the winner of the contest.
6. The free throw line shall be 12 feet from the front of the plane of the face of the backboard for 3rd and 4th grade.
7. The free throw line shall be 15 feet from the front of the plane of the face of the backboard for 5th-7th grade.
8. The scoreboard shall freeze at a 30-point differential for Select and the clock will NOT stop except for injury and timeout by the discretion of officials.

SECTION 6 – REPORTING SCORES

Each club is responsible for reporting the scores of all its teams each week. Scores must be submitted no later than 5:00 p.m. on the Monday following regular season games and no later than 12:00 p.m. the day after a game during the postseason.

Non-reporting of scores will constitute an automatic fine of \$25.00 per team, per unreported score. Scores not reported at the time of bracketing will be scored a forfeit for the home team.

Website scores will reflect the following:

- 30 point +/- only
- OT games record a 1 point +/- margin only.

Standing Points: there is a maximum 8 points +/- per game regardless of overall game score.

ARTICLE XVI – SEASON

SECTION 1 – LEAGUE SCHEDULES

Once the season schedule has been distributed, no games shall be changed after the season schedule has been approved by the Commissioner.

Clubs shall attempt to schedule rec games on Saturdays only, keeping select games during the week – if gym space is not available during the week, clubs shall attempt when possible to schedule select games for early morning times.

Coaches will forfeit to the other team's club should the team be a no show.

The minimum amount of time for game change shall be 72 hours advance notice. If games are canceled for gym loss, clubs MUST try for a minimum of 24 hours advance notice of the new game time/date/location.

If a game has been postponed or canceled due to a reason approved by the Commissioner, the game should be rescheduled at a time/date/location amicable to both clubs. Clubs, not coaches, should determine the reschedule time/date/location. If both clubs can NOT work out a reschedule between the teams, then the Commissioner will reschedule the game according to the remaining schedule. If a team refuses or does not show, that team will forfeit and be subject to a \$150.00 forfeit fee.

SECTION 2 – FORFEITS

Any team that forfeits a scheduled game for any reason other than weather, shall be immediately assessed a fine of \$150.00. The fine will be paid to the INBC. This fine must be paid before the next scheduled game.

Two forfeits in a season may result in team expulsion from the league. The Commission reserves the right to make an exception to this rule at their discretion at any time.

ARTICLE XVII – GATE ADMISSION

SECTION 1 – GATE FEES

The admission fees will be reviewed annually by the Conference.

The following uniform rates will be charged by all club/ associations in INBC:

Regular/Postseason	Championship Games
Adults - \$5.00	Adults - \$7.00
Students under 18 - \$2.00	Students under 18 - \$3.00
Seniors 65 & over - \$2.00	Seniors 65 & over - \$3.00
Children under 5 - FREE	Children under 5 - FREE

SECTION 2 – ADMIN & COACH PASSES

The Conference will issue Admin Passes to club leadership and game day officials.

The Conference will issue Coach Passes to all Coaches registered in Sportabase with a valid NAYS certification who are confirmed with the member club leadership.

Everyone, including coaches and sponsors, will be required to pay admission or furnish an INBC Admin or Coach pass. The exceptions are players in uniform and officials. Passes will be accepted at all INBC games.

Any coach or person(s) caught attempting to gain entry with a false or reproduced INBC pass, gain entry without their pass and/or refuse to pay gate admission or caught attempting to “hand-off” an INBC pass to another individual will be ejected and subject to having their pass revoked, further suspension and/or a fine up to \$100.00.

ARTICLE XVII – POSTSEASON

SECTION 1 - DECLARATION & FEES

Postseason Declaration of Team Forms are due February 2. The postseason club dues shall be based upon the teams declared for the optional postseason tournament. A gate fee will be charged at the playoffs and the postseason tournament

SECTION 2 - PLAYOFFS

Playoffs will be scheduled following the end of the regular season. The top two teams in each division will advance to the playoffs. If there is only one division, the top four teams will advance. If two teams have equal records at the end of the regular season, the team with the head-to-head win will be considered to have the higher league standing.

In the event three or more teams are tied with identical records and no winner can be determined as stated previously, the advancing team shall be determined by totaling the margin of points for each team tied in all Conference games or division games (if two or more divisions). The advancing team shall be the team with the greatest number of marginal points. Any remaining playoff spots for the remaining tied teams shall be determined by head-to-head during the regular season as above.

Non-divisional matchups will not be considered in postseason standings.

The maximum number of marginal points per game shall be eight points. No team shall add or subtract more than eight points per game.

The maximum number of marginal points that went into overtime shall be plus/minus one point. In the event two teams are tied on marginal points the advancing team shall be determined by coin toss at a time/place determined by the Commissioner.

Any remaining playoff spots for tied teams losing the coin toss shall be determined by which team won head-to-head during the regular season.

Playoffs will be seeded based on regular season standings and marginal points.

SECTION 2 – POSTSEASON TOURNAMENT

A closed postseason buy-in championship tournament will be offered for teams not making the playoffs. The format of this tournament will be recommended by the Postseason Committee and voted on at the Membership Meeting in January 2026. The committee's recommendation will consider many factors including number of teams declared and available gym space provided by hosting sites.

SECTION 3 – PLAYOFF/POSTSEASON EJECTIONS

Should a coach, player and/or spectator be ejected during playoffs/tournament, they shall not be allowed to coach, participate or attend the remaining games for the rest of the playoffs/tournament.

Coaches/spectators that are ejected in playoffs/tournaments must complete all necessary requirements before being allowed to coach or attend INBC events the next season. The Commission reserves the right to investigate the circumstances surrounding any ejection during the postseason and adjust penalties accordingly.

ARTICLE XIX - OFFICIALS

SECTION 1 – GAME OFFICIALS

Two certified officials will be required for each regular/postseason game.

SECTION 2 – OFFICIALS PAY SCALE

	Game Fee	Game Length	Officials
Regular Season	\$35.00	1 hour	2
PST - Prelims	\$35.00	1 hour	2
PST - Finals	\$35.00	1 hour	2
Playoffs - Prelims	\$35.00	1 hour	2
Playoffs - Finals	\$35.00	1 hour	2

Travel Fee \$5.00

* A per game, per official fee for any official traveling over one hour.

Single Game Fee \$10.00

* A fee per official if scheduled for only one game

If for any reason an official scheduled for a game works alone, the pay rate will be adjusted to \$50 per game for that official.

2025-2026 INBC Commission

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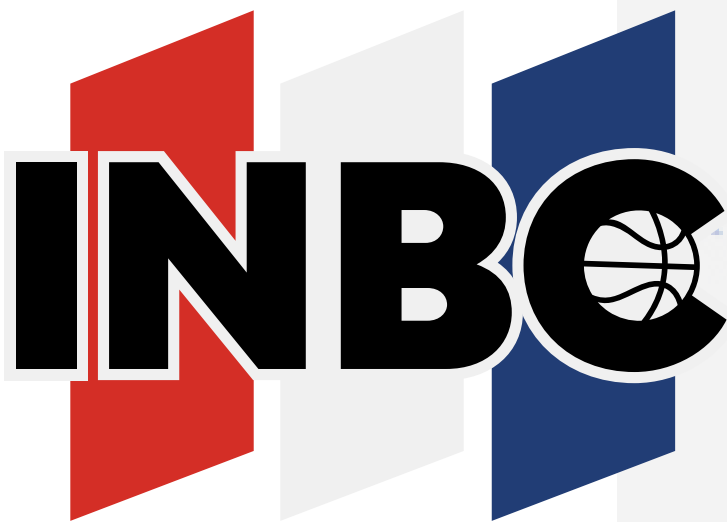
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