

INDIAN NATIONS FOOTBALL

1st - 3rd GRADE SCRIMMAGE FORMATS

5 TEAM FORMAT

5 TEAM SCRIMMAGE FORMAT										
5 TEAM TIMES = 20 MIN SESSION + 4MIN RESET										
NORTH END OF FIELD					SOUTH END OF FIELD					RESTING
1	Offense	VS	2	Defense	3	Offense	VS	5	Defense	4
4	Offense	VS	1	Defense	2	Offense	VS	3	Defense	5
5	Offense	VS	1	Defense	2	Offense	VS	4	Defense	3
1	Offense	VS	3	Defense	4	Offense	VS	5	Defense	2
3	Offense	VS	4	Defense	5	Offense	VS	2	Defense	1

6 TEAM FORMAT

6 TEAM SCRIMMAGE FORMAT										
6 TEAM TIMES = 16 MIN SESSION + 4 MIN RESET										
NORTH END OF FIELD					SOUTH END OF FIELD					RESTING
1	Offense	VS	2	Defense	3	Offense	VS	4	Defense	5 and 6
6	Offense	VS	1	Defense	5	Offense	VS	3	Defense	2 and 4
4	Offense	VS	5	Defense	2	Offense	VS	6	Defense	1 and 3
1	Offense	VS	3	Defense	5	Offense	VS	2	Defense	4 and 6
4	Offense	VS	1	Defense	3	Offense	VS	6	Defense	2 and 5
6	Offense	VS	5	Defense	2	Offense	VS	4	Defense	1 and 3
Team 1 does not scrimmage Team 5										
Team 2 does not scrimmage Team 3										
Team 4 does not scrimmage Team 6										

SCRIMMAGE INFORMATION

- ❖ Four (4) teams participate on a field at any one time.
- ❖ Teams work from the 35 yardline towards the endzones.
- ❖ Resting teams will be at the opposite sides of the 50 yards line (home & away) & between the sidelines and the 40 yard lines.
- ❖ Referee's control the clock & possessions. They are a tool to help teams spot formation & personal fouls, etc. Coaches control their teams.

COACH & TEAM PERSONNEL

- ❖ Check in with the site director for team assignments.
- ❖ Weight-Ins are not required. See site director if scales are requested to weight your player.
- ❖ Scrimmages begin promptly on the hour.
- ❖ Coaches & Team personnel are only persons allowed within the team areas located on the field and between the 35 & 50 yard lines. Parents & spectators should not be present in the Team Areas .
- ❖ In the event of any physical altercation between players, do not attempt to touch any player of any opposing team. Also do not touch, hold back or attempt to refrain any opposing coach from attempting to control their players.

PLAYERS

- ❖ Player Equipment: Full Pads (Helmets, SP, & Pants)
- ❖ Players equipment needs to move with them in drills & rest.
- ❖ Players must drink adequate amounts of Water.

FAN INFORMATION

- ❖ Gate admission will be required.
- ❖ Consult site venues for entrance & facility policies.



WRITE/TYPE-IN SCRIMMAGE FORMAT COPIES

5 TEAM SCRIMMAGE FORMAT							
20 MIN SESSION + 4MIN RESET PERIODS							
NORTH ENDZONE				SOUTH ENDZONE			
<u>OFFENSE</u>		<u>DEFENSE</u>	<u>TIME</u>	<u>REST/WATER</u>	<u>OFFENSE</u>		<u>DEFENSE</u>
1	VS	2		4	3	VS	5
4	VS	1		5	2	VS	3
5	VS	1		3	2	VS	4
1	VS	3		2	4	VS	5
3	VS	4		1	5	VS	2

6 TEAM SCRIMMAGE FORMAT							
6 TEAM TIMES = 16 MIN SESSION + 4 MIN RESET							
NORTH ENDZONE				SOUTH ENDZONE			
<u>OFFENSE</u>		<u>DEFENSE</u>	<u>TIME</u>	<u>REST/WATER</u>	<u>OFFENSE</u>		<u>DEFENSE</u>
1	VS	2		5 & 6	3	VS	4
6	VS	1		2 & 4	5	VS	3
4	VS	5		1 & 3	2	VS	6
1	VS	3		4 & 6	5	VS	2
4	VS	1		2 & 5	3	VS	6
6		5		1 & 3	2		4
Team 1 does not scrimmage Team 5							
Team 2 does not scrimmage Team 3							
Team 4 does not scrimmage Team 6							

