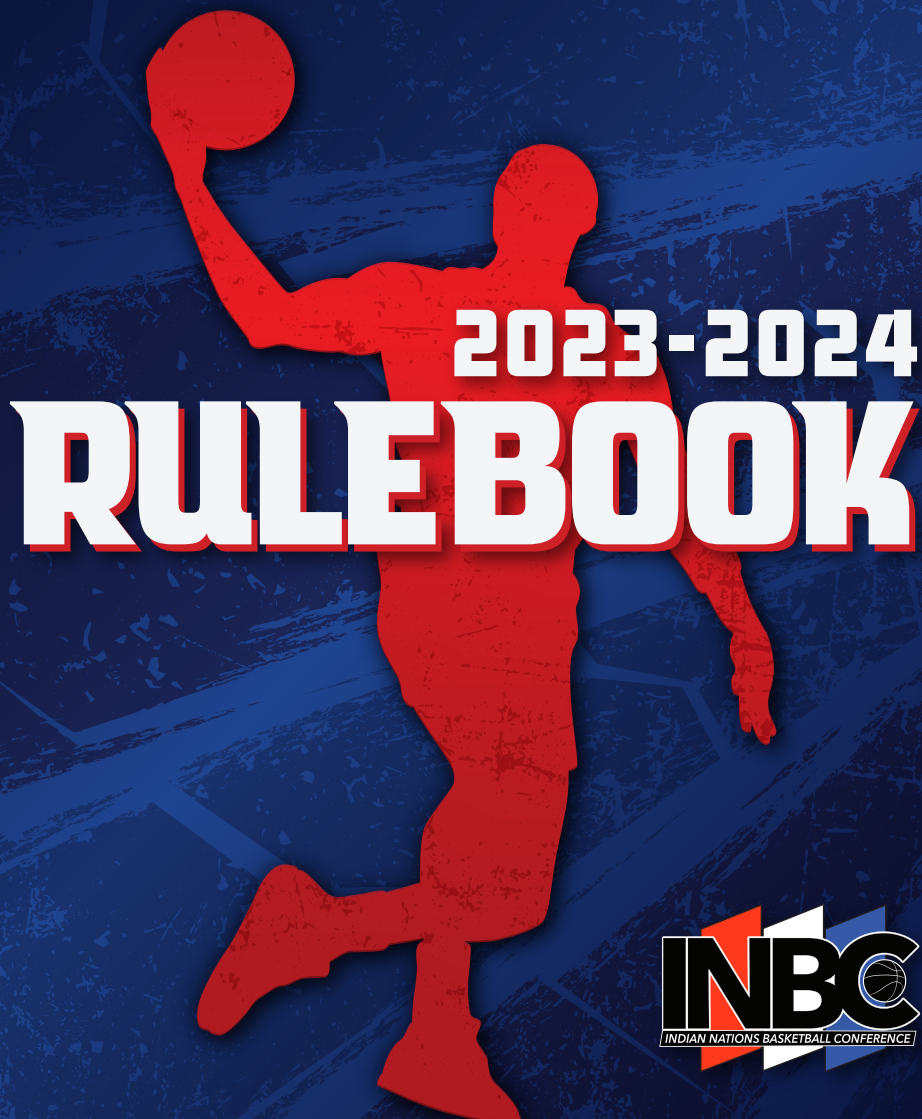


# INDIAN NATIONS BASKETBALL CONFERENCE



2023-2024

# RULEBOOK



## **ARTICLE I – PURPOSE AND ORGANIZATION**

The name of this organization shall be Indian Nations Basketball Conference (INBC), a subsidiary of Indian Nations Youth Sports (INYS). The purpose of this Conference shall be to govern, coordinate and enforce the INBC bylaws for all organizational events among the participating organizations.

## **ARTICLE II - CONFERENCE MEMBERSHIP**

### **SECTION 1 - MEMBERS**

Membership in this Conference shall consist of the following organizations:

Bartlesville YMCA	Berryhill Youth Basketball
Bixby Youth Basketball	Bristow Youth Basketball
Broken Arrow Youth Basketball	Cascia Hall
Catoosa Youth Basketball	Claremore YBOC
Collinsville Youth Basketball	Coweta Youth Basketball
Glenpool Little Warriors	Holland Hall
Jenks Trojan Hoops	Lincoln Christian
Mannford Youth Basketball	Mayes County Youth Basketball
Metro Christian Academy	Monte Cassino
NLU Yellowjackets	NOAH
Oologah	Owasso F.O.R.
Pinnacle Academy	Regent Preparatory
Rejoice Christian	Sand Springs
Skiatook Youth Basketball	Tulsa Classical Academy
Verdigris	Victory Christian
Wagoner	

### **SECTION 2 – ATTORNEY FEES & ARBITRATION**

If Indian Nations Youth Sports prevails in any litigation or arbitration brought arising from any dispute, then INYS shall be entitled to recover all costs, expenses and attorney's fees associated therewith.

It is agreed that any matter in dispute between you and the Indian Nations Youth Sports organization and its subsidiaries shall be subject to arbitration as an alternative to court action pursuant to the rules of the American Arbitration Association, a copy of which is available on request from the company. Any decision reached by Arbitration shall be binding upon both you and the INBC. The Arbitration award may include attorney's fees if allowed by state law and may be entered as a judgment in any court of proper jurisdiction.

## **ARTICLE III - MEMBER REQUIREMENTS**

### **SECTION 1 – MEMBER DUES**

Annual dues of all members shall be determined annually by a majority vote of the membership. The annual dues shall be \$125.00 per team plus \$200.00 annual club fee. All annual member dues and team fees are due to the league no later than, December 1, 2023. A \$10.00 per day late fee will be assessed on any member with a delinquent balance.

### **SECTION 2 – MEMBER TERRITORY**

No new member shall be admitted into the INBC whose proposed recruiting territory includes or overlaps any portion of the recruiting territory of an existing INBC. All recruiting territory disputes/clarification issues between existing INBC members will be resolved by the INBC Commission. Each club shall submit an INBC Territory & Boundary Form prior to the season starting as set by the Commissioner.

A primary territory is the main school or school district that an organization actively recruits and is not shared with any other club. An alternate territory is defined as any additional school districts or individual schools (public or private) that are actively recruited outside of a primary territory. A shared territory is an area or school shared with another club by mutual agreement.

### **SECTION 3 – ANNUAL DOCUMENTATION**

As a member of Indian Nations Basketball Conference, all current and prospective member organizations must detail and submit the following documents, in writing, annually to the Conference for review:

- The structure of their organization, including club by-laws and/or corporate governance.
- The officers of their organization with personal contact information for each member of their organization.
- The area(s) they wish protection of players via the INBC Territory & Boundary Form and/or drawn on a map.
- A Sportabase Club Contact Form.
- An INBC Organization Information Form prior to the season starting as set by the Commissioner.

### **SECTION 4 – NEW MEMBER APPROVAL**

To become a member of Indian Nations Basketball Conference, the organization requesting to be admitted must receive a two-thirds vote of approval by current member organizations.

#### SECTION 5 – NEW MEMBER PROBATION

An organization after having been newly admitted to the INBC, shall be required to sign an INBC Member Contract and will automatically be placed on a two year probation. Probation begins the date the INBC Member Contract is signed by both parties. Each new Director voted into an organization shall be required to review and sign the existing Contract.

New Clubs are required to have a minimum of three teams to enter the Conference. Clubs may be admitted to the league by a two-thirds vote of the membership with less than three teams. Clubs who are granted membership with less than three teams must have a minimum of three teams by the end of their two-year probation or face automatic expulsion from the league. Clubs who do not maintain a minimum of at least three teams are subject to review and possible expulsion from the league.

#### SECTION 6 – MEMBER EXPULSION

Expulsion of a member organization during the probationary period shall require only a majority vote of the remaining member organizations. The expulsion of an organization not currently on probation shall require a two-thirds vote of the remaining member organizations.

#### SECTION 7 – MEMBER PARTICIPATION

INBC member organizations shall not have or operate other basketball programs that overlap grades they have in INBC. INBC member organizations shall not have, possess or maintain basketball teams which participate in ANY other conference or league.

#### SECTION 8 – LEAGUE REGISTRATIONS

All participants – players and coaches – of the INBC must register individually through the league management system, Sportabase, before being drafted and/or being allowed to participate in practices and/or games. Those found to be in violation are considered illegal participants and will immediately be removed and penalties and/or sanctions will be assessed to the organization and/or team.

Member clubs are required to leave registration open until October 18. Club registrations may remain open past this date.

Clubs shall submit a Declaration of Teams Form and Gym Availability Form October 19 at 5:00 p.m. Clubs who fail to meet this deadline as set forth by the Commissioner shall be fined \$300.

#### SECTION 9 – TEAM ROSTERS

A team roster, for every team, must be submitted to the conference by all membership organizations, complete with each coach on the team and their active NAYS Membership number and complete with each player's jersey number - numerically



ordered, player's name and date of birth. Rosters must be submitted to the conference by November 16.

#### **SECTION 10 – DEFINITION OF GOOD STANDING**

INYS/INBC defines good standing as the following:

A person or organization in good standing is regarded as having complied with all their explicit obligations, while not being subject to any form of sanction, suspension or disciplinary censure and all balances are paid in full in a timely manner.

### **ARTICLE IV – INBC OFFICERS**

#### **SECTION 1 – COMMISSION**

The Officers of the Indian Nations Basketball Conference shall be referred to as the "Commission" and shall be comprised of:

- INBC Director
- INBC Commissioner
- INBC Select Director
- INBC K-2nd Grade Director
- INBC Rec Director
- INBC Girls Rec Assistant Director
- INBC Boys Rec Assistant Director

Division directors will be elected by majority vote during new league year meeting and will serve two years. No more than two officer positions can be filled by any member organization. All officers will be empowered to enforce all rules of the Indian Nations Basketball Conference. The INBC Director will be hired by the INYS organization. The INBC Commissioner will be appointed by the INYS organization.

#### **SECTION 2 – COMMISSION OFFICERS**

**INBC Director:** The INBC Director shall preside at all meetings, appoint subcommittees and administer and enforce all rules and activities of Indian Nations Basketball Conference. The Director will be empowered with all rights to make immediate rulings on questions of rule violations or questions raised from incidents not covered by INBC rules and regulations. Their ruling will stand until which time the Officers making up the Commission can meet, during which the Commission can then overturn the Director or reinforce the Director's decision by a majority vote of the Commission.

**Commissioner:** The INBC Commissioner is a member of the INBC Commission and be empowered to enforce and uphold the rules of the Conference. The Commissioner will retain the deciding vote on any issues brought before the Commission.

Division Directors: Each Director will be empowered to enforce all rules of the INBC. Grade Directors will not be allowed to coach within the division in which they represent, unless deemed necessary by the Commissioner. They will monitor, represent and coordinate that division's basketball activities.

### **SECTION 3 – INBC COMMITTEES**

1. Rulebook Committee:
  - a. Will review all proposed changes to the INBC Rulebook
  - b. Will present recommendations to the membership.
  - c. Ensure all rules are up to date with current NFHS standards and are applicable to age-appropriate players.
  - d. Review rulebook before distribution to club to ensure it is up to date and correct.
2. Postseason Committee:
  - a. Present a postseason format to INBC membership for review and approval
  - b. Ensure that all postseason formats are fair and reasonable.
  - c. Assist in postseason planning - scheduling, facility management, sponsorships, etc.
3. Other Committees may be formed as needed at the discretion of the INBC Director, INBC Commission and Commission officers.

## **ARTICLE V - MEMBERSHIP MEETINGS**

### **SECTION 1 - MEETINGS**

Meetings shall be held at the request of the Commissioner or at the request of any four-member organizations within fourteen days of such request. These meetings shall be limited to the individual member organization's representative, coaches and/or member organization officers; however, each organization will be limited to three active participants during any meeting. The Commissioner can grant exceptions. Persons other than those listed above wishing to attend a Conference meeting and/or address the membership must first have approval of a Commission officer.

### **SECTION 2 – MEETING NOTICES**

Each organization must be notified at least seventy-two hours in advance of any meeting and be given the purpose of the meeting. No Conference business can be conducted unless this condition is satisfied.

### **SECTION 3 - MEETING QUORUM**

Members present and attending a Conference meeting that has been publicized to the INBC membership will constitute a quorum.

#### **SECTION 4 – CONFERENCE VOTES**

Each organization shall have one vote PER GRADE level registered with INBC on any issue requiring a membership vote. Members having that grade level can only vote on issues relative to a particular grade. The number of votes per grade will be determined by the “Declaration of Teams” from the previous year and will be valid for one year.

New members will be limited to two votes until the declaration of teams meeting. Member organizations without team representation in a particular grade will not vote on issues that apply to that grade or gender. Member organizations that do not have a vested stake on issues may not vote on those issues.

#### **SECTION 5 - RULE CHANGES**

Bylaw and rule changes may be amended, adopted, or repealed at any regular meeting by a majority vote of the membership.

#### **SECTION 6 – PROXY VOTES**

Proxy votes will not be accepted at meetings. Members must be present to vote on conference matters as referenced in Article 5; Section 3.

### **ARTICLE VI - COACHING REQUIREMENTS**

#### **SECTION 1 - COACH RESPONSIBILITIES**

All coaches within the INBC, head coaches and assistants, must register in the league management system (Sportabase.com) to ensure accurate contact information is complete and all waivers are signed. All coaches must be registered in Sportabase before being allowed to participate in practices or games. Coaches who are found to not be registered in Sportabase will face a two game suspension, all games will be forfeited up to that point and the club will be fined \$100 for each coach not registered.

Each head coach and all members of a team's coaching staff will be NAYS certified in basketball and will show printed proof on a lanyard around the coaches' neck. If a coach is not certified, he or she will be removed from the bench and cannot coach until certified. Coaches without their certifications will be removed until verification can be completed. Digital copies of NAYS certification will not be accepted.

The Director of each association will turn in to the INBC office a list of all coaches and their contact information, involved in their program along with their NAYS card number prior to the first regular season game. This will allow a current up-to-date list of all certified to be maintained and on file in INBC office should any problems or questions arise.

Head Coaches must be a minimum of 18 years of age. Assistant coaches must be a minimum of 16 years of age.

The Head coach is solely responsible for the bench and their fans. The coach and official will go through the following process for the bench and fans:

1. **First Incident** – Verbal warning to coach from official.  
Head coach to address bench and/or fans. If the assistant coach, player and/or fan is NOT responsive to the request, the Head coach should speak with the gym administrator and have the party removed or addressed. If a fan is removed, an attempt must be made to get name of the individual(s).
2. **Second Incident** - A technical foul will be given to the Head coach by the official for the coach, player and/or fan behavior. Upon receiving a first technical foul, all coaches in the bench area are to remain seated for the remainder of the contest.  
Head coach shall address the coach, player and/or fan and/or have the gym administrator remove the individual(s). In the event an ejected spectator(s) refuses to give their name to the administrator or falsifies this information, the head coach will serve a minimum two game suspension.  
If the head coach receives a technical foul, he/she shall remain seated on the team bench for the remainder of the game.
3. **Third Incident** - A second technical foul will be given to the Head coach resulting in the coaches ejection. No other coach may stand in their place. If the second technical foul is the result of an assistant coach's behavior, both the offending coach and the head coach will be ejected. However, only the offending coach will serve the subsequent suspension. As a result, if there is no coach left on the bench area of the offending team, the game will be called and scored as is.
4. **Fourth incident** - the game will be called. The offending team will forfeit.

Coaches and/or spectators that are ejected will be required to complete an online anger management or diversity course (assigned by the Commissioner) before being allowed to attend another game.

## SECTION 2 - EXCEPTIONS

Exception to NAYS certification would be School Certified Coaches (OSSAA)

## SECTION 3 – COACHES MEETINGS

One coach from each team must attend a mandatory coaches meeting. Failure to comply will result in a \$200 team fine. All games will be forfeited until such fine is paid to INBC. Persons caught attempting to falsify attendance for another coach will be suspended.

## **ARTICLE VII - EQUIPMENT**

### **SECTION 1 - BASKETBALL SIZE**

**27.5 inch** Kindergarten - 2nd Grade Girls & Boys  
3rd Grade Girls  
3rd Grade Boys Rec

**28.5 inch** 3rd Grade Boys Select  
4th - 5th Grade Boys  
4th - 7th Grade Girls

**29.5 inch** 6th - 12th Grade Boys

### **SECTION 2 - GOAL HEIGHT**

**8.5 feet** Kindergarten - 2nd Grade

**10 feet** 3rd - 12th Grade

### **SECTION 3 – UNIFORM**

Players must wear reversible jerseys or have home and away jerseys available.

Team jersey color and design shall adhere to the following:

1. The torso of the team jersey shall be the same single solid color for all team members.
2. Home teams shall wear white jerseys. Away team will wear dark jerseys.
3. Team jerseys shall include numbers on both the front and the back and shall be 4 to 8 inches high.
4. Numbers shall be of a solid contrasting color and be clearly visible.
5. Jersey numbers must follow high school regulation single or double digit comprised only of numerals 0-5.
6. No two team members with the same jersey number can participate in the game at the same time. Violations will result in the involved players being declared illegal participants and may result in a forfeiture of the contest by the offending team.
7. Coaches involved in an intentional act of deception will face suspension by the Commission.
8. Any player who does not have the proper uniform on may not participate in any INBC game. An exception to this rule can be made in the event of damage to a numbered jersey that renders the jersey unsafe for play, provided that the game officials and the opposing head coach are notified of such.

## **ARTICLE VIII - RULE VIOLATIONS**

### **SECTION 1 - PENALTIES**

Violations of league rules will be acted on and penalties assessed by the Commissioner and reviewed by the Commission, which at that time can, by majority vote, overrule or reinforce the Commissioner and their actions.

The penalty or penalties assessed against an organization, coach, parent or player can be one or more of the following:

- Fine
- Forfeiture of game or games
- Suspension of coaches or individuals within an organization
- Probation
- Any action deemed appropriate by majority vote of the Commission. Including the permanent removal from the INBC.

### **SECTION 2 – FINES**

Fines assessed to players, parents, coaches, teams and/or organizations resulting from activities at INBC events shall be payable to Indian Nations Basketball Conference.

Distributions, if any, of such payments deemed payable shall be paid from the INBC to the obligated organizations.

### **SECTION 3 – SPORTSMANSHIP**

Unsportsmanlike conduct by coaches, players and/or spectators degrades the experience of youth players while eroding the integrity and appeal of the sport.

Therefore, assaults, verbal abuse or display of poor sportsmanship by a coach, parent, participant, club official or guest at an INBC game will not be tolerated. Punishment will be set forth by the Commissioner following the rules violation guidelines in Article VI; Section 1.

Players, coaches, officials and spectators, should always exhibit the highest level of sportsmanship. Indian Nations expects officials to enforce unsportsmanlike conduct rules without hesitation and further expects coaches to promote good sportsmanship among players and those associated with their team, including spectators. Indian Nations supports officials in their efforts to main an environment of civility and sportsmanship.

Alcoholic beverages or legal or illegal drugs or the consumption of such or the use of tobacco products or E-Cigarettes will not be allowed by anyone at any INBC function. Penalties will be dealt accordingly.

#### **SECTION 4 - EJECTIONS**

Technical fouls may be assessed against the coach and/or player. Two technical fouls against a coach and/or player will result in an automatic ejection from the game and the gym.

Any coach and/or player ejected from an INBC game or scrimmage will be automatically suspended from the next INBC scheduled game. Suspended coaches and/or players will be allowed to attend team practices. Suspended players are required to attend the suspension game with their team but are not to dress out. Suspended coaches will not be allowed to attend the suspension game even as a spectator in the stands. Any coach and/or player ejected from two INBC games will be reviewed by the INBC officers for further penalties or possible season suspension.

The INBC Commission and/or Commissioner may, at their discretion, review the circumstances surrounding a coach and/or player's ejection and adjust the INBC penalties accordingly.

#### **SECTION 5 – INCIDENT REPORTS**

Clubs shall submit an incident/ejection for their home club games to the INBC Director within 48 hours of incident. A club **MUST** submit an incident report immediately to the Commission office involving team violations of the participation rule or any other violation of the INBC By-laws or be subject to a club fine. All incident reports and/or protests should be submitted no later than 12:00 p.m. the Monday following the scheduled game in which the incident/protest occurred.

### **ARTICLE IX – PROTESTS**

#### **SECTION 1 - GAMES**

To protest an action or game by a coach to the Commission, the coach and/or person(s) involved in the incident must do the following within forty-eight hours of the incident or not later than 12:00 p.m. the Monday immediately following a scheduled game:

- Submit a written statement on the incident in protest to their home club's INBC representative.
- Submit a protest fee of \$100.00 to their home club.
- Provide any supporting evidence pertaining to the incident including pictures/video, statements, etc. to their club director.

The club director will submit the protest and the fee to the INBC.

Failure to follow the preceding course of action above will result in forfeiture of the protest fee or ability to protest. Should any of the above requirement of protest not be met, the protest will not be considered.

Only possible rule violations may be protested (i.e. participation, illegal player, etc). Judgment calls on the part of officials may not be protested. The Commission will rule on all protests. Except during tournaments in which the Commissioner has all ruling capability.

Once the Commissioner and/or Commission has received and reviewed the written incident statement from the protesting member organization, they will then determine the appropriate ruling action. The protest fee will be refunded to the club issuing the protest on behalf of the team ONLY if the Commission rules in favor of the protest.

At the point the Commission rules in favor of the protest, the team and/or individual then in violation of the protest will be assessed the full fall value of the current protest fee (\$100) in addition to any subsequent action taken by the Commission. Despite any additional action take by the Commission, the individual and/or team will not be allowed to participate in any contests until such time the fine has been paid in full.

If the protest is denied, the money will not be refunded and put into a scholarship fund through the INYS.

## **SECTION 2 – PROTESTING THE COMMISSION**

To protest the action of the Commission, the organization must do the following within seventy-two hours of notification of such ruling:

- Submit a written statement with all relevant information pertaining to the incident's action and protest.
- Attach a protest fee, in the form of check in the amount of \$400.00 and submit to the INYS office.

The Commissioner will call for a protest committee meeting, comprising of one member of each membership organization to meet within fourteen days. Only those parties with testimony relevant to the protest shall attend and testify. A minimum of eight member clubs must be in attendance to declare a quorum.

The ruling will be by majority vote of those attending with the organization protesting abstaining from any vote. The protest fee will be forfeited in the event the committee rules in favor of the Commission. The penalty assessed by the Commission may, after being reviewed by the membership quorum, be amended after a ruling has been determined.

## **ARTICLE X – LEAGUES**

### **SECTION 1 – RECREATION LEAGUE**

The Recreation League will consist of boys and girls teams starting at Kindergarten and going through 12th grade. Individual sign-ups will be taken from each member



organizations declared area. Each team will be drafted in accordance with INBC draft rules. If a child makes a school team 6th grade or above, they CANNOT play in the rec league.

Player or team fee will be set by each organization. Each team can practice a maximum of three hours per week. Coach is subject to a one-week suspension for first offense.

The INBC reserves the right to review all rec teams at the end of the season and determine their eligibility for the Select league for the following season. A team shall automatically move up to the Select League after the second consecutive Recreational League championship.

## **SECTION 2 – SELECT LEAGUE**

The Select League will consist of boys and girls teams starting at 3rd grade and going through 7th grade. Team or individual sign-ups will be taken with no boundary limitations. Team fees will be a minimum of \$750 set by the conference membership. If a select grade boys or girls does not make (minimum of four teams) the select team(s) in this grade will be given the option of moving up a grade to either Rec or Select. The Teams(s) will NOT be allowed to stay in their grade in Rec.

# **ARTICLE XI – TEAM FORMATION**

## **SECTION 1 – TEAM DECLARATIONS**

At the beginning of each season, member programs must declare the total number of teams they will field per grade level per league. Teams may be formed in grade levels 1st through 12th. Once the league determines the total number of teams at each grade level, divisions will be set.

Grades 8th-12th will be allowed to form their teams outside the draft and protect process with the understanding that all registered players will be placed and teams may be required to take additional players as registration numbers dictate.

Each organization is required to leave their registrations open until three days prior to the first day of INBC Drafts.

Each organization must inform the league how many teams they will be declaring in each grade and league. Team Declarations are due to the league office no later than October 19, unless there is prior approval for an extension from the Commissioner.

All players must be registered in Sportabase. Clubs who are found to have players not registered in the league management system, Sportabase, will be subject to a \$100 fine for each player not registered.

Any team found to have an illegally rostered player will forfeit every game that the player has participated to that point, as well as any subsequent contests that the player participates in.

Coaches who are found to have an illegal player on their roster will be subject to a minimum two game suspension.

A typed team roster with player jersey numbers in numerical order must be submitted to the INYS Office by all membership associations. The roster will be the approved INBC roster form.

Further penalties may be assessed under Article VIII; Section 1

## SECTION 2 – AGE/GRADE REQUIREMENTS

The INBC will be divided into two leagues: Recreation and Select. Teams in both Leagues will be divided by boys and girls teams by grade with the participation rule being age as of current year (2023-2024). The Kindergarten age division may operate as co-ed for the purpose of forming teams:

To participate in the 12th grade, a player must be in the 12th grade and cannot be 19 years old prior to September 1.

To participate in the 11th grade, a player must be in the 11th grade and cannot be 18 years old prior to September 1.

To participate in the 10th grade, a player must be in the 10th grade and cannot be 17 years old prior to September 1.

To participate in the 9th grade, a player must be in the 9th grade and cannot be 16 years old prior to September 1.

To participate in the 8th grade; a player must be in the 8th grade and cannot be 15 years old prior to September 1.

To participate in the 7th grade, a player must be in the 7th grade and cannot be 14 years old prior to September 1.

To participate in the 6th grade, a player must be in the 6th grade and cannot be 13 years old prior to September 1.

To participate in the 5th grade, a player must be in the 5th grade and cannot be 12 years old prior to September 1.

To participate in the 4th grade, a player must be in the 4th grade and cannot be 11 years old prior to September 1.

To participate in the 3rd grade, a player must be in the 3rd grade and cannot be 10 years old prior to September 1.

To participate in the 2nd grade, a player must be in the 2nd grade and cannot be 9 years old prior to September 1.

To participate in the 1st grade, a player must be in Kindergarten or in the 1st grade and cannot be 8 years old prior to September 1.

To participate in Kindergarten, a player must be in Pre-K or Kindergarten and must be at least 4 years old prior to September 1 and cannot be 7 years old prior to September 1.

### SECTION 3 – EXCEPTIONS

1. With approval of their organization, a player may play up one grade level only. A player will not be permitted to play up more than one grade level. A player shall not play down a grade level.
2. Academic Rule: If it is determined by the INBC Commission that a child was promoted to a higher grade by the school, then they child may be permitted to drop down to play for the grade level befitting their proper age. Proper proof must be submitted to the INBC Commissioner.

### SECTION 4 - PLAYER ELIGIBILITY

INBC players cannot play for any other conference or league team during the same season.

A new player will not be permitted to join an association within INBC or participate with a team after the first game. If a player moves in from an area outside INBC, the Commissioner may grant an exception, provided this request is made before the fourth regular season game. Any player that moves from one INBC association to another in season must provide all documentation reasonably requested by the INBC.

Players cannot play on a Rec team and on a Select team during the same season. Players may only be rostered on one team during the INBC season. Any player found to be in violation of this rule will be declared ineligible for the remainder of the INBC season to include postseason and coaches and club will be subject to penalties as outlined in Article VIII; Section 1.

Any player that played in the select league the previous season and wants to play in the rec league must be placed in the draft. A new team may protect a maximum of two (of their allowed four protects) players that played in the select league the previous season.

Rec players must play for their club. If a player is not able to be served by their home club, the record of relocation must be on file with the INBC office. When these players reach a grade that is offered by their local INBC club, those players must return to the local club.

#### SECTION 4 – ROSTER SIZES (RECREATION LEAGUE)

Teams competing within the INBC may not exceed any maximum roster size for their age/grade groupings. The maximum roster size for any team competing in the Recreation League is capped at ten players. At which point the total number of players within a single grade exceeds ten players or more, a second team in that grade will be established using approved drafting methods and procedures.

#### SECTION 5 – TEAM DRAFTS (RECREATION LEAGUE)

Teams exceeding the maximum roster size are required to form additional teams by utilizing a drafting method approved by the Commission. The Commission will establish rules for drafting and will be empowered to make changes as necessary in order to maintain equality among teams up to, but not limited to, ordering a redrafting of teams.

1. In order to draft teams, member organizations must be in good standing per Article III; Section 8 with the INBC. Clubs will not be allowed to draft or declare teams until such time as all current bills and obligations have been paid and met.
2. Maximum roster size will be ten players for all grade levels. Teams exceeding the maximum are required to form an additional team or teams of equal ability utilizing a drafting method approved by the Commission.
3. No teams will carry eleven players for any reason. Maximum roster size will not exceed ten players for any reason. Clubs/teams found to be in violation will be subject to penalties under Article VIII: Section 1. Only in extreme circumstances and with prior approval from the Commissioner may a team have eleven players on a roster.
4. At any time, an organization has only one team in a grade and that team splits into two or more teams, all players will be in the draft pool except for up to four protected players.
5. If an organization has two or more teams in a grade and splits to three or more, existing teams may retain any or all the original players.
6. A Commission member or a league representative must be present during all drafts. No Commission member will supervise a draft involving that Commission member's home club.
7. After the draft any additional player(s) must be approved and will be assigned to a team by the Commissioner or a Commission Officer. Failure to comply will result in forfeitures due to illegal draft.
8. Member organizations may set forth more stringent team draft rules than those established under INBC by-laws, with prior approval of the Commissioner.
9. A coach will not be allowed to transfer to another team unless their child is drafted to another team or the Board of Directors of that association, of which they are affiliated, allows such a transfer through a majority vote. This transfer must be sent, in writing, to the INBC Commissioner for final approval.
10. A player who departs an organization but returns the following year must be placed in the draft. (See Article XI; Section 6)
11. A drafted player who quits a team after being drafted, will still be the property of said team, unless a request is made to be placed in the draft.

12. Any attempt to recruit players from another INBC team or persuade players to leave a team and enter the draft is not allowed. A coach or association member will not be allowed to recruit a player that attends school within another organization's recruiting territory.
13. In order to draft eligible player, the player must be registered in Sportabase and all fees must be paid to the membership organization for which the player is wishing to play for.

#### SECTION 6 – PLAYER PROTECTIONS

Upon origination (1st year) a team may recruit and protect four players from the draft. Each year thereafter, the team will be allowed to recruit and protect one new player.

Legally protected players are defined as the following:

- Participants new to the INBC.
- Players who have not participated within the INBC for the previous two years.
- Players who have played up from their school grade for a minimum of two years and are now falling back.
- A player who sits out one year due to injury or illness or decision not to play, will be allowed to return to their original team only if the coach of that team uses their protect.

#### SECTION 7 – DRAFT PROCEDURES

Teams will be drafted using a Ribbon Draft system whereas teams will pick in even and odd rounds.

Round one will be considered an odd round whereas the team receiving the first number will receive the first pick and progress until the team with the last number will receive the last pick in the round.

Round two will be considered an even round whereas the team receiving the last number will receive the first pick and progress until the team with the first number receives the last pick in that round.

Rounds will continue, odds rounds being first, even rounds being second then alternating until all draft eligible players in the respective club and grade are selected.

The Commission may order a redrafting of teams within an organization if it is determined that an organization or coach intentionally performed an illegal procedure or performed an unethical act for the purpose of stacking a team or preventing multiple teams. If it is concluded that a redraft is necessary, the Commission will determine the manner as well as the time/date of the redraft. Action by the Commission will also be taken against the coach and/or their association.

## **SECTION 8 – PLAYER TRADES**

Before the draft is concluded and once all players have been drafted, coaches will be allowed to trade players but only those players that were selected during the draft. Existing players on established teams are tradable only if approved the by an INBC Representative and the drafting clubs Representative.

Newly protected players are not tradable under any circumstance. Any and all player trades made after the selection of players must be approved by the INBC Representative.

## **SECTION 9 – NO FLOAT RULE**

Players may not play on more than one team during the INBC season. Players will not be permitted to “float” or “swing” from one team to another or across grade divisions or across leagues.

Infractions of the no float rule will result in forfeiture of games or suspension of players and/or coaches at the Commission’s discretion.

# **ARTICLE XII – TRANSFERS, RELEASES AND WAIVERS**

## **SECTION 1 – BOUNDARIES**

A player must attend school or reside within the organization’s recruiting territory (boundary) as outlined by the Commission. Unless granted a Release by the organization and approved by the INBC, an organization retains player rights to a player in whose recruiting territory the player attends school or resides. A player requesting a transfer must provide any information reasonably requested by the INBC.

## **SECTION 2 – PLAYER TRANSFERS**

A player requesting to be transferred from one INBC organization to another must complete the INBC Player Release packet and submit to the club who will be receiving the player if transfer is approved. The receiving organization must then submit the release packet and all corresponding documentation to the conference office. The INBC office will inform the releasing organization to allow for comments on the matter. The release committee will review the request, documentation, and comments for approval or denial of the request. Notification of the decision will be given to the receiving club. If the request is denied, the applicant may appeal the decision within 48 hours of notification with an appeal fee of \$100. Appeal fees will be returned only when the committee’s decision is overturned and release is granted. The Commissioner retains the deciding vote on release issues. The committee MAY then hold a meeting with the parents of the child in question, whereas a decision will be made to either grant or deny the release. The Commissioner will have the deciding vote on release issues.

Players that are granted transfers must be placed in the draft and may not be a protected player from the draft. Players that are granted transfers after the draft will be assigned to a team by the Commissioner.

Player release forms that are incomplete or lack supporting documentation will be automatically denied.

All Player Release Forms must be completed and turned in to the INBC office no later than October 16. Releases received after this date will be denied and no further consideration will be given.

Authorized transfers are recognized for one season only and must be renewed on an annual basis. Players who do not reapply annually and thusly denied a transfer will be deemed ineligible to play for the member club they previously participated with.

### **SECTION 3 – RESTRICTIONS**

An organization having signed and accepted and been granted a player transfer shall retain player rights of that player. The player cannot be recruited by acts of persuasion by another member organization and/or its members.

Organizations that are considered a shared territory shall retain player rights to a player that resides in the shared territory in which the player participates their first season. Any exceptions must be sought through the transfer process.

## **ARTICLE XIII – PRACTICES**

Dates and times of practices shall be determined annually by a majority vote. For the 2023-2024 season, organized team activities or conditioning may not begin before October 30.

Practices will be limited to one and one half hour maximum from the scheduled start time per practice. Practice starts at the time scheduled for arrival. Practices include warm up, team meetings or film study and must end within the hour allotted for practice.

K-4th grade: Practices are limited to twice a week during the regular season. Teams may practice up to three times a week if no games are scheduled for that week.

5th-12th grade: Practices are limited to three times a week during the regular season. Teams may practice up to four times a week if no games are scheduled for that week.

## **ARTICLE XIV - BASKETBALL RULES AND PARTICIPATION**

### **SECTION 1 – GENERAL RULES**

The INBC Rulebook is a supplemental rulebook for league play. Any rule not specifically defined in the INBC Rulebook will default to applicable NFHS Rules for play.

National Federation of High School (NFHS) rules apply with some exceptions including:

1. A player will have 5 seconds to throw the ball in for play.
2. Players have 10 seconds to bring the ball past half court.
3. Offense will have only three seconds in the paint.
4. Two free throws will be awarded after the 5th team foul in a quarter.
5. Shooting free throws – players are set until ball is released by the shooter.
6. Players foul out with 5 fouls.
7. Teams may start a game with no less than 4 players.
8. Home Clubs must supply a trained Clock Person and Score Keeper.
9. A completed INBC roster typed with player jersey numbers in numerical order must be submitted to the score table prior to the start of the game. Should a team fail to submit the roster prior to the start of game, the Head Coach shall be suspended for the first half of game.
10. The Head Coach is responsible for their bench and fans. (Article VI)
11. There shall be no more than three coaches on the bench during game play.
12. Only one coach shall stand at a time during game play.
13. All players are to check in at the score table before allowed to enter game, NO substitutions from the bench.
14. Exceptions made in Kindergarten, 1st and 2nd grades. (See Article XV; Section 1)

### **SECTION 2 – MERCY RULE**

The score will be frozen when the score reaches a 30-point differential and the clock will NOT stop except for injury or time out at the official's discretion. No points will be awarded to either team once the point differential is reached.

The clock will run for the last minute of the game if one team has a 15 point or more lead.

## **ARTICLE XV – GAME FACTORS**

### **SECTION 1 – GAME TIME: KINDERGARTEN, 1ST & 2ND GRADE**

1. There will be four 8-minute running clock quarters. The clock will only stop for timeouts and free throws.
2. Teams are allotted two timeouts per half.



3. The clock will stop four minutes into each quarter and substitutions will be made. Coaches are to have the substitutions check in with the scorekeeper. Substitutions are to be at the table by 4:30.
4. No further substitutions except as injury necessitate. This is not a time out for consultation with the team. This is substitution only. Each player will play at least four minutes in each quarter. The clock will stop for substitutions. After 15 seconds, play will resume. Should a team delay the restart of the game, they will lose possession and/or receive a team technical foul (This type of technical foul would not count against the coach in the case of an ejection).
5. Defense shall setup behind the 3-point line. Defense beginning prior to this will stop the game and the offensive team will take the ball out of bounds.
6. The offense shall have 10 seconds to cross half court and 5 seconds to cross the 3-point line. If the 3-point line is penetrated by the ball or the 5 second count is up the defense can pick-up to half court.
7. Five minutes should be allowed for halftime.
8. Overtime will be two minutes with one time out. The clock will stop during the last minute of overtime. If the game is still tied at the end of overtime the game will go to a Free Throw OT. Five players (which have not fouled out of the game) will be picked by each team's coach. Players will alternate shooting behind the free throw line. If the game is still tied after a set of free throws is completed, the coach may elect to change players. The team that makes the most free throws shall be declared the winner of the contest.
9. Free throw line shall be 10 feet from the plane of the face of the backboard.
10. No 3-point shots, all shots (other than free throws) will be scored as 2 points.
11. Should player arrive after the start of the 3rd quarter player will be ineligible for play.

## SECTION 2 – GAME TIME: 3RD & 4TH GRADE REC

1. The game time will consist of four 8-minute running clock quarters. The clock will only stop for time outs and free throws. Clock will stop the last minute of the 2nd and 4th quarters on every whistle.
2. Teams are allotted two timeouts per half.
3. Defense shall not begin prior to the half court line. Defense beginning prior to this will stop the game and the offensive team will take the ball out of bounds.
4. PRESS RULE – full court press is allowed in the last two minutes of each half until a team has a fifteen point or more lead.
5. Five minutes should be allowed for halftime.
6. Overtime will be two minutes with one timeout. The clock will stop during the last minute of overtime. If game is still tied the end of overtime, the game will go to a Free Throw OT. Five players (which have not fouled out of the game) will be picked by each team's coach. Players will alternate shooting behind the free throw line. If the game is still tied after a set of free throws is completed, the coach may elect to change players. The team that makes the most free throws shall be declared the winner of the contest.
7. Each player will play one full, uninterrupted quarter in each half.
8. Free throw line shall be 12-feet from the plane of the face of the backboard.

9. Should a player not arrive until after the start of the 2nd quarter, that player shall ONLY play, uninterrupted, in the 3rd quarter. Should a player arrive after the start of the 3rd quarter, the player is ineligible to participate in the game.

### SECTION 3 – GAME TIME: 5TH THROUGH 12TH GRADE REC

1. The game time will consist of four 8-minute running clock quarters. The clock will only stop for time outs and free throws. Clock will stop the last minute of the 2nd and 4th quarters on every whistle.
2. Team are allotted two time outs per half.
3. PRESS RULE – full court press is allowed until a team has a fifteen point or more lead.
4. Five minutes should be allowed for halftime.
5. Overtime will be two minutes with one timeout. The clock will stop during the last minute of overtime. If the game is still tied at the end of overtime, the game will go to a Free Throw OT. Five players (which have not fouled out of the game) will be picked by each team's coach. Players will alternate shooting behind the free throw line. If the game is still tied after a set of free throws is completed, the coach may elect to change players. The team that makes the most free throws shall be declared the winner of the contest.
6. Each player will play one full uninterrupted quarter in the first half and must participate in the second half.
7. Free throw line shall be 15 feet from the front of the plane of the face of the backboard for 5th-7th grade.
8. Should a player not arrive until after the start of the 2nd quarter, that player shall ONLY play, uninterrupted, in the 3rd quarter. Should a player arrive after the start of the 3rd quarter, that player is ineligible to participate in this game.

### SECTION 4 – PLAYER PARTICIPATION RULE

All players must complete the participation requirements as outlined in Article XI, Sec 1-3. If there is a violation, after a protest, the team with the violation will forfeit the game and the coach will be suspended a minimum of one game for the first offense.

The book at the table is the official book of the game. If there is a protest and the scorekeeper was not notified of any reason why a player was substituted then a forfeit will be in effect if protested. It is not the scorekeeper's responsibility to notify either team of a possible violation of the participation rule. The participation rule is also NOT the responsibility of the official to enforce or know.

Any player with a known injury, health issue, absence or discipline issue requiring them to be pulled from the game MUST be documented on the Official Roster and presented to the table and opposing coach prior to the start of the game. Failure to do so and a subsequent protest will result in a forfeit.

Injured Player: For a player to come off the court for injury there must be a stoppage of play by either the official or a timeout by a coach. If the player can not immediately

return to play, it must be communicated by the coach to the table and documented on the roster and in the scorebook at that time or the player in question will be in violation of the participation rule.

#### SECTION 5 – SELECT LEAGUE

1. The game time will consist of four 8-minute running clock quarters. The clock will only stop for time outs and free throws. Clock will stop the last minute of the 2nd and 4th quarters on every whistle.
2. Teams are allotted two timeouts per half.
3. Full court press is allowed.
4. Five minutes should be allowed for half time.
5. Overtime will be two minutes with one time out. The clock will stop during the last minute of overtime. If the game is still tied at the end of overtime the game will go to a Free Throw OT. Five players (which have not fouled out of the game) will be picked by each team's coach. Players will alternate shooting behind the free throw line. The team that makes the most free throws shall be declared the winner of the contest.
6. Free throw line shall be 12 feet from the front of the plane of the face of the backboard for 3rd and 4th grade.
7. Free throw line shall be 15 feet from the front of the plane of the face of the backboard for 5th-7th grade.
8. The scoreboard shall freeze at a 30-point differential for Select and the clock will NOT stop except for injury and timeout by the discretion of officials.

#### SECTION 6 – REPORTING SCORES

Every club is responsible for reporting score from all their teams each week. Those scores must be submitted no later than the Wednesday after the games have been played by 5:00 p.m.

Non-reporting of scores will constitute an automatic fine of \$25.00 per team, per unreported score. Scores not reported at the time of bracketing will be scored a forfeit for the home team.

Website scores will reflect the following:

- 30 point +/- only
- OT games record a 1 point +/- margin only.

Standing Points: there is a maximum 8 points +/- per game regardless of overall game score.

## **ARTICLE XVI – SEASON**

### **SECTION 1 – LEAGUE SCHEDULES**

Once the season scheduled has been distributed, no games shall be changed after the season schedule has been approved by the Commissioner.

Clubs shall attempt to schedule rec games on Saturdays only, keeping select games during the week – if gym space is not available during the week, clubs shall attempt when possible to schedule select games for early morning times to allow the select teams to compete in tournaments.

Coaches will forfeit to the other team's club should the team be a no show.

The minimum amount of time for game change shall be 72 hours advance notice. If games are cancelled for gym loss, clubs MUST have 72 hours advance notice of the new game time/date/location.

If a game has been postponed or cancelled due to a reason approved by the Commissioner, the game should be rescheduled at a time/date/location amicable to both clubs. Clubs, not coaches, should determine the reschedule time/date/location. If both clubs can NOT work out a reschedule between the teams, then the Commissioner will reschedule the game according to the remaining schedule. If a team refuses or does not show, that team will forfeit and be subject to a \$150.00 forfeit fee.

### **SECTION 2 – FORFEITS**

Any team that forfeits a scheduled game for any reason other than weather, shall be immediately assessed a fine of \$150.00. The fine will be paid to the INBC. This fine must be paid before the next scheduled game. Two forfeits in a season may result in team expulsion from the league. The Commission reserves the right to make an exception to this rule at their discretion at any time.

## **ARTICLE XVII – GATE ADMISSION**

### **SECTION 1 – GATE FEES**

The admission fees will be reviewed annually by the Conference.

The following uniform rates will be charged by all club/ associations in INBC:

#### **Regular/Postseason**

Adults - \$5.00  
Students under 18 - \$2.00  
Seniors 65 & over - \$2.00  
Children under 5 - FREE

#### **Championship Games**

Adults - \$7.00  
Students under 18 - \$3.00  
Seniors 65 & over - \$3.00  
Children under 5 - FREE

## **SECTION 2 – GATE PASSES**

The Conference will issue three gate passes per team declared each year to member organizations. The number of passes issued to the teams will be at the club's discretion. Everyone, including coaches and sponsors, will be required to pay admission or furnish an INBC gate pass. The exceptions are players in uniform and officials. Passes will be accepted at all INBC games.

Any coach or person(s) caught attempting to gain entry with a false or reproduced INBC pass, gain entry without their pass and/or refuse to pay gate admission or caught attempting to "hand-off" an INBC pass to another individual will be ejected and subject to having their pass revoked, further suspension and/or a fine up to \$100.00.

## **ARTICLE XVII – POSTSEASON**

### **SECTION 1 - DECLARATION & FEES**

Postseason Declaration of Team Forms are due February 7. The postseason club dues shall be based upon the teams declared for the optional postseason tournament. A gate fee will be charged at the playoffs and the postseason tournament

### **SECTION 2 - PLAYOFFS**

Playoffs will be scheduled following the end of the regular season. The top two teams in each division will advance to the playoffs. If there is only one division, the top four teams will advance. If two teams have equal records at the end of the regular season, the team with the head-to-head win will be considered to have the higher league standing.

In the event three or more teams are tied with identical records and no winner can be determined as stated previously, the advancing team shall be determined by totaling the margin of points for each team tied in all Conference games or division games if two or more divisions. The advancing team shall be the team with the greatest number of marginal points. Any remaining playoff spots for the remaining tied teams shall be determined by head-to-head during the regular season as above.

Non-divisional matchups will not be considering in postseason standing.

The maximum number of marginal points per game shall be eight points. No team shall add or subtract more than eight points per game.

The maximum number of marginal points that went into overtime shall be plus/minus one point. In the event two teams are tied on marginal points the advancing team shall be determined by coin toss at a time/place determined by the Commissioner.

Any remaining playoff spots for tied teams losing the coin toss shall be determined by which team won head-to-head during the regular season.  
Playoffs will be seeded based on regular season standings and marginal points.

## **SECTION 2 – POSTSEASON TOURNAMENT**

A closed postseason buy-in championship tournament will be offered for teams not making the playoffs. The format of this tournament will be recommended by the Postseason Committee and voted on at the Membership Meeting in January 2024. The committees recommendation will consider many factors including number of teams declared and available gym space provided by hosting sites.

## **SECTION 3 – PLAYOFF/POSTSEASON EJECTIONS**

Should a coach, player and/or spectator be ejected during playoffs/tournament, they shall not be allowed to coach, participate or attend the remaining games for the rest of the playoffs/tournament.

Coaches/spectators that are ejected in playoffs/tournament are subject must complete all necessary requirements before being allowed to coach or attend INBC events the next season. The Commission reserves the right to investigate the circumstances surrounding any ejection during the postseason and adjust penalties accordingly.

# **ARTICLE XIX - OFFICIALS**

## **SECTION 1 – GAME OFFICIALS**

Two certified officials will be required for each regular/postseason game.

## **SECTION 2 – OFFICIALS PAY SCALE**

	<b>Game Fee</b>	<b>Game Length</b>	<b>Officials</b>
Regular Season	\$30.00	1 hour	2
PST - Prelims	\$30.00	1 hour	2
PST - Finals	\$40.00	1.5 hour	2
Playoffs - Prelims	\$30.00	1 hour	2
Playoffs - Finals	\$40.00	1.5 hour	2

Travel Fee                \$5.00

\* A per game, per official fee for any official traveling over one hour.

Single Game Fee    \$10.00

\* A fee per official if scheduled for only one game

If for any reason an official scheduled for a two man game works alone, the pay rate will be adjusted to \$45 per game for that official.