



The Indian Nations Football Conference strives to maintain a clean, fun, safe & competitive atmosphere for all players, patrons and coaches of our league. We are only able to provide this level of care through the efforts of our individual clubs & organizations who make up the membership of the Indian Nations Football Conference. Please be aware of the league and member club policies as our teams begin their travel this weekend visiting other regional destinations, schools, towns & communities.

**BASIC LEAGUE COVID-19 GUIDELINES**

THE FOLLOWING ARE LEAGUE & INDIVIDUAL CLUB GUIDELINES FOR SCRIMMAGE ACTIVITIES.

**DO NOT ATTEND AN EVENT, GAME, SCRIMMAGE OR PRACTICE IF:**

- A CDC defined exposure to COVID-19 exists. (CDC defines exposure as coming into contact 6 ft. or less for 15 minutes or longer)
- A temperature of 100.4 or above is present.
- Any of the following Signs & Symptoms are present for unknown reasons:
  - o Fever & Chills
  - o Cough
  - o Shortness of Breath
  - o Fatigue
  - o Muscle or body aches
  - o Headache
  - o New loss of taste or smell
  - o Sore throat
  - o Congestion or runny nose
  - o Nausea or vomiting
  - o Diarrhea

If defined exposure to COVID-19 is exist, a quarantine is recommended from the time of defined exposure or feeling of first symptoms.

**ADDITIONAL RECOMMENDATIONS:**

**PLAYERS, PARTONS, COACHES & FANS**

- Test for symptoms of COVID-19 daily
- Wear face coverings when applicable
- Take temperature daily & before events
- Wash hands frequently & thoroughly
- Refrain from touching face, eyes, nose & mouth
- Social distance while at the fields

**COACHES & TEAMS**

- Wipe/sanitize shared equipment frequently
- Require players bring water jugs/containers
- Social distance 6' from players in the huddle... during timeout & period breaks

The following guidelines are specific to the individual member club and organizations hosting scrimmages this weekend. Please understand member organizations reserve the right to amend policies as they deem necessary to preserve the safety of our players, patrons, coaches, officials & administrators.

**CLUBS & ORGANIZATIONS W/ NO ADDITIONAL POLICIES**

BARTLESVILLE  
BIXBY  
BROKEN ARROW  
COWETA

GROVE  
HILLDALE  
MCALESTER  
METRO

MUSKOGEE  
STILLWATER  
TULSA YELLOWJACKETS  
WAGONER

CLUB & ORGANIZATIONS W/ ADDITIONAL POLICIES PERTAINING TO SCRIMMAGES

BERRYHILL

- Before arriving at a Berryhill Public Schools facility, conduct following self-screening for all athletes (football players and cheerleaders), coaches, and sponsors. If the answer to any of these questions is yet, do not participate or enter the facility.
  - o Do you have a fever of 100.4°F/38°C degrees or more?
  - o Are you experiencing a new loss of taste or smell, nausea or vomiting, or diarrhea?
  - o Are you experiencing two or more of the following symptoms of COVID-19?
  - o Chills
  - o Cough
  - o Sore Throat
  - o Headache
  - o Fatigue
  - o Congestion or runny
  - o Shortness of breath or difficulty breathing
  - o Muscle or body aches
  - o Persistent pain or pressure in the chest
  - o New confusion
  - o Inability to wake or stay awake
  - o Bluish lips or face
  - o Have you, or do you think you have COVID-19?
  - o Have you tested positive for COVID-19?
  - o Have you been around a person with COVID?
- Masks or face coverings are required for all athletes (football player or cheerleader), coaches, workers, officials, patrons, or anyone entering a Berryhill Public Schools facility. **Refusal to wear a mask or face covering will prevent admittance into the facility.** We ask that all patrons exercise social distancing procedures within BPS facilities.
- Athletes (football player or cheerleader), officials, and coaches may remove their masks after they enter the playing field fence.
- While we believe sportsmanship is paramount to the development of young people, at this time, we will recommend no hand shaking between opposing teams, both before and after games to reduce contact as much as possible.
- For participants, officials, and coaches, no shared towels, clothing, shoes, water bottles or equipment.
- No water stations or water bottle/water cooler filling stations will be provided. All athletes MUST bring their own water bottles and enough water for the entire game. Water bottles should be labeled with athlete's name.
- Locker rooms will NOT be accessible to any team.
- Only necessary personnel will be allowed in the press box.

- Spectators will NOT be allowed on the playing field during or after the completion of an athletic contest.

#### CATOOSA

- Temperature will be taken prior to entering the facility. Temperatures over 100.0+ will not be permitted to enter the facility.
- Masks are required for spectators during entry, screening process and throughout the event.
- Coaches are required to wear face masks.
- Seats will be sectioned off and marked accordingly. Please do not sit in areas marked "unavailable".

#### CHOCTAW

- Masks or face coverings are required for all participants, coaches, workers, officials, patrons or anyone entering the school facility.
- Participants, officials and coaches may remove their masks when they reach their respective playing field.
- Opposing teams are strongly encouraged to undergo COVID-19 screening before arriving at CNP.

#### CLAREMORE/SEQUOYAH

- Mask must be worn at all times
- Social distance in the stands by families, utilizing every other row
- Players on the field playing can pull mask off. But if on the sidelines and not currently in the play, the mask must be worn.
- Coaches must wear mask at all times.
- Cheerleaders must wear mask.
- If you feel sick or have a fever, please stay home.

#### COLLINSVILLE

- Face coverings for players & coaches at weigh-in.
- MM Coaches on the field w/ players, that coach will need to mask when interacting with their players in huddle.
- No Parents at weigh-in, please have them sit on visitor side.
- No Parents on field unless they're chain gang.

#### **Additional School & Facility guidelines:**

Players will wear a face covering to the playing surface, or when social distancing cannot be achieved. This means that players not participating or located in the bench area should have face coverings in place. However, when players are on the playing surface, they can remove face coverings. Coaches, managers, and trainers are expected to have face coverings in place except when social distancing can be maintained. The athletic department is providing 1 gaiter type face covering for all athletes 7th-12th grade. Spectators must have a face covering in place to enter a Collinsville home activity. Coaches, players, administrators, and pre-approved media only will be allowed on fields or courts before or after games. Media can be pre-approved through the athletic offices located inside the High School. Social distancing must be maintained inside our athletic facilities when feasible. We ask that families sit together, and at least six feet from other families when possible.

#### EDMOND

- \*You **must** have a field pass or coach's lanyard to access the game field. This includes but not limited to:
  - o High School players / older brothers
  - o Kids playing near the endzone

- All parents that are not providing a service (chain gang crew, team mom etc...)
- \*Refusal to not obey signs or game day officials will not be tolerated
- Please ensure you are wearing a mask when entering, exiting or moving around the stadium. If you are asked to put your mask on, please do not argue with the official
- Stay socially distanced in family groups throughout the stadium
- Be prepared to be asked to move if officials feel you are too close to each other, arguing will lead to your removal from the stadium by security
- AT THIS TIME CONCESSIONS WILL NOT BE OFFERED.

#### **FT. GIBSON**

- Masks or face Coverings are required for everyone entering the stadium. Upon entering, Masks/Coverings are highly encouraged when social distancing cannot take place.
- Spectators & Parents need to remain in the bleachers or common areas provided.
- For participants, officials and coaches, there will be no shared towels, clothing, shoes, water bottles or equipment.
- Only necessary personnel will be allowed in the press box. Masks are required if social distancing is unavailable.

#### **GLENPOOL**

- Masks, face coverings or face shields are required for all participants, coaches, workers, officials, patrons or anyone entering Glenpool Public School Facilities. Refusal to wear a mask or face covering will prevent admittance into the facility.
- Participants, officials and coaches may remove their masks when they reach their respective playing field. Face coverings are encouraged but not required inside the playing field, including cheer participants.
- Minimize physical contact like high-fives, handshakes, fist bumps and hugs. We understand not all contact can be avoided especially in football but please try to minimize the amount of contact. The goal is to keep at least six feet of space between players/cheerleaders "whenever possible."
- Each player/cheerleader should have their own equipment, and any equipment that is shared should be cleaned between players.
- Players/cheerleaders are responsible for their own hydration; water will not be provided by coaches during practices or games.
- Maintain social distancing guidelines (6 ft.) at high congregating areas. I.e. concessions, entrance gate, and restrooms.

#### **JENKS**

- Visiting teams including parents, coaches, and players need to set-up in one of the staging areas (A-D) before their scrimmage. SEE MAP
- Bleachers and East/West fence lines are reserved for spectators of the current session only.
- Mask are recommended while seated. Masks need to be worn as spectators move about the facility. ie bathrooms, concessions etc.
- If no Jenks club team is present, teams may use the Jenks team area adjacent to staging area.

#### **JUNIOR COMETS**

##### **For Visiting Teams/Personnel**

- Masks must be worn by athletes and staff when first entering and exiting the facility at the end of the event.

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- Masks are required to enter the locker rooms, Athletic Training rooms, coaches' offices, and any area considered outside of the playing field.
- If you have had known exposure to COVID-19 in the past 14 days or been asked to quarantine in the past 10 days, you may not enter the school facility.
- Do not enter school facilities if you are experiencing any of the following symptoms: Temperature over 100, persistent cough, short-ness of breath, sore throat, headache, muscle/joint pain, nausea, or loss of smell/taste.
- Locker room facilities will be available for visiting teams.
- Water will not be provided by Bishop Kelley. Visiting teams are welcome to bring their own towels and water bottles. No towels or water bottles should be shared among athletes and staff.
- We recommend no handshake before or after the competition to reduce the amount of contact.
- Only necessary personnel will be allowed in the bench area and press box. Press box will be limited to 50% occupancy.
- No unauthorized personnel are allowed on playing surface (inside the fence line). Upon conclusion of all athletic events, please do not loiter or gather in large groups.

### **For Visiting Spectators/Fans**

- Patrons will be denied entrance if they are not wearing a face covering in accordance with City of Tulsa Ordinance. Masks should be worn at all times when six-foot social distancing cannot be achieved in the perimeter or in the bleachers
  - Patrons should sit only in designated areas and make every attempt to maintain 6-feet social distance from those who are not members of their family.
  - If you have had known exposure to COVID-19 in the past 14 days or been asked to quarantine in the past 10 days, you may not enter the school facility.
  - Do not enter school facilities if you are experiencing any of the following symptoms: Temperature over 100, persistent cough, short- ness of breath, sore throat, headache, muscle/joint pain, nausea, or loss of smell/taste.
  - No unauthorized personnel are allowed on playing surface. Upon conclusion of athletic event, please do not loiter or gather in large groups.
- SEE MAP ATTACHED

### **LINCOLN CHRISTIAN**

#### **NORMAN**

- Mask or Face coverings are required for all participants, coaches, workers, officials (when applicable), patrons or anyone entering a Norman Public School facility. Refusal to wear a mask or facecovering will prevent admittance into the facility.
- ONLY family members of participants will be allowed to attend athletic events. Families should remain socially distanced from all other spectators.
- Coaches are required to wear masks or face coverings at all times.
- It is expected that all opposing teams and coaches conduct COVID-19 screenings and temperature checks before traveling to NPS facilities.
- Participants may remove their masks while engaged in competition on the field.
- Athletes not engaged in competition will be required to wear facial coverings.
- All spectators should make every effort to have exact change for gate and concession transactions.
- All non-participants will be required to wear masks/face coverings at all time and maintain social distance when possible.

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- Visiting teams will be responsible for bringing their own individual water bottles. No sharing of water bottles will be permitted between participants, officials & coaches.
- Only necessary personnel will be allowed in the press box.

### OWASSO

- Cloth face coverings/masks are required for all participants, coaches, workers, officials, patrons, or anyone entering an Owasso Public Schools Facility. Refusal to wear a mask or face covering may prevent admittance into the facility.
- Participants, officials, and coaches may remove their masks when they reach their prospective playing field (ex: inside the playing field fence).
- Only Coaches with certificates, ACTIVE participants, and chain crew are allowed inside the fenced playing field area. (this also means little brothers & sister)
- Owasso ticket takers and sellers will be masked and when possible be placed behind a Plexiglass partition.
- All non-participants will be required to wear masks/face coverings at all times especially when social distancing is difficult (i.e. concession areas, restrooms, and stadium concourses).
- While we believe sportsmanship is paramount to the development of young people, at this time, we will recommend no hand shaking between opposing teams, both before and after games, to reduce contact as much as possible.
- During weigh-ins all participants and coaches should wear a mask. Social distancing of players and coaches should also take place at this time.
- At some of our venues, there will be seating areas marked off as unavailable. Please refrain from sitting in these areas to help us keep our student-athletes, coaches, and officials as safe as possible.
- There will be no shared towels, clothing, shoes, or water bottles between participants, officials, and coaches.
- For shared equipment footballs, kicking tees, etc., sanitation should occur between use when necessary.
- Participants, coaches, and officials should still attempt to social distance while in the playing field area. (ex: cheerleaders away from active players or football coaches on the sidelines)
- Only necessary personnel will be allowed in the press box and at the scorer's tables.
- All Visiting teams shall warm up in the southeast side of stadium outside the playing field fence on the turfed off area.
- There will be NO Re-Entry this season.

### PIEDMONT

- Attendance to games will be limited to 50% of capacity.
- Congregation in parking lots are not permitted
- Masks must be carried on person and used at coach's discretion.
- Coaches/Athletes are encouraged to stay with the same group as much as possible.

### SAND SPRINGS

- Masks, face coverings or face shields are required for all participants, coaches, workers, officials, patrons or anyone entering a Sand Springs Schools Facility. Refusal to wear a mask or face covering will prevent admittance into the facility.
- Participants, officials and coaches may remove their masks when they reach their respective playing field. Face coverings are encouraged but not required inside the playing field, including cheer participants.
- All non-participants will be required to wear masks / face coverings at all times and maintain social distance when possible.
- SSYFA gate workers will be masked and gloved and behind a Plexiglas partition. Those waiting in line must practice social distancing guidelines, remaining six feet apart from others, stay in immediate family groups and be masked.

- Gate re-entry will not be allowed without an additional gate fee purchase. Stamps and wrist bands will not be provided. Please ensure you bring everything with you at the initial point of gate entry.
- While we believe sportsmanship is paramount to the development of young people, at this time, we will recommend no pre-game or post-game hand shaking, high-fives, or fist bumps between opposing teams to reduce contact as much as possible.
- At games with a large attendance, there may be seating areas marked off as unavailable. Please refrain from sitting in these areas to help us keep everyone as safe as possible.
- For participants, officials and coaches, there will be no shared towels, clothing, shoes, or water bottles.
- For shared equipment such as footballs, sanitation should occur in between use when necessary.
- Locker rooms will be not be accessible. We highly recommend, for both home and visiting teams and officials, to come dressed and ready to participate for the event. Masks will be required for any area considered outside of the football field area.
- Only necessary personnel will be allowed in the press box.

### **SAPULPA**

- ALL individuals entering our facilities are requested to wear a mask and keep it on when social distancing cannot be observed.
- Participants, officials and coaches may remove their masks when they reach their respective playing field or court (ex: volleyball: on the court, softball: inside the playing field fence). Face coverings are encouraged but not required inside the playing field.
- While we believe sportsmanship is paramount, at this time, we will recommend an alternative to pre-game or post-game hand shaking, high-fives, or fist bumps between opposing teams to reduce contact as much as possible.
- At some of our venues, there will be seating areas marked off as unavailable. Please refrain from sitting in these areas to help us keep our student-athletes, coaches, and officials as safe as possible.
- For some events, limited tickets may be available to allow for social distancing within the venue.
- For participants, officials, and coaches, no shared towels, clothing, shoes, or water bottles.
- For shared equipment such as bats, helmets, catchers gear, etc., sanitation should occur between use when necessary.
- Locker rooms will be accessible to teams, but we highly recommend, for both home and visiting teams and officials, to come dressed and ready to participate for the event. Masks will be required in locker rooms, athletic training rooms, and coaches' offices and any area considered outside of the playing field or court.
- Hospitality areas should not be buffet style; rather meals should be boxed and ready to be served.
- Only necessary personnel will be allowed in the press box, at the scorer's tables, or on the sideline.
- Trading team benches, such as in between volleyball sets, should not occur.

### **TYAA**

- EVERYONE will be required to wear a mask entering the field.
- Coaches and players will be required to wear mask/face cover at weight –in
- Parents can bring folding chair and set along the fence for social distancing
- NO SMOKING inside the field
- Hand sanitizer will be available when entering the field.

### **UNION**

- All spectators must always wear a mask inside of the complex.
- All Coaches must always wear a mask (this includes on the field)
- Players must wear a mask entering the complex and can remove their mask once they enter the field area.
- All players, coaches, officials will use hand sanitizer, and will be temp checked before entering the field area. We will have a check in station at the entrance to the field.

- Coaches (with USA Football Certification on their lanyard) & players will be the only people allowed on the field for scrimmages. Parents will not be allowed in the field area

### **VERDIGRIS**

- Masks are required for entry inside of the complex.
- Temperature checks required for all entering the complex.

### **WESTMOORE**

- Masks or face Coverings are required for everyone entering/exiting the facility.
- Masks/Coverings are required when social distancing cannot take place.
  - Examples:
    - Line for the restroom
    - Line for the concession stand
    - Entering/Exiting the bleachers
- Spectators & Parents need to remain in the bleachers or common areas provided and it is highly encouraged that families sit together.
- Participants, officials and coaches, there will be no shared towels, clothing, shoes, water bottles or equipment.
- Only necessary personnel will be allowed in the press box.

### **YUKON**

- Mask are required while entering and moving throughout the stadium/facilities. Patrons may remove masks while seated in the stands.
- Social distance while in the stands (every other row).
- Temperature checks will be held at the gate.
- Certified coaches and players only on the field.